



Submit-a-tick-program

Halton Region is gathering data on ticks to assess the level of risk of disease from ticks. **Currently, the risk of tick-borne diseases in Halton is extremely low.**

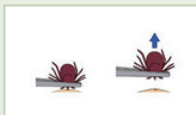
If you find a tick on yourself or your family members, there's no need to panic as the risk of disease is extremely low! Remove the tick (instructions at the back) and submit the tick to the Health Department for testing. You will be notified of your tick results. Ticks from pets are not accepted.

Halton Region is committed to the health and wellbeing of all residents and visitors. With your support by submitting ticks, the Health Department can continue assess the risk of tick-borne diseases in Halton Region and take preventive actions if needed.



How to remove a tick:

1. With fine-tip tweezers grasp the tick's head and mouth parts as close to your skin as possible.
2. Slowly pull straight out until the tick is removed.
3. Be careful not to twist or crush the tick during removal.
 - If this does occur, the risk of infection is not increased.
 - Keeping the tick intact will help in the identification of the tick.
4. Store the tick in a sealed dry container. So that the tick can be identified, please don't squish the tick.
5. After removing the tick, use soap and water to wash the area of the bite.



Where to bring the tick:

Halton Region
1151 Bronte Road
Oakville, Ontario
L6M 3L1

See your physician right away if you develop a rash or other symptoms such as headache or fever. For more information, visit [Halton.ca/lymedisease](https://www.halton.ca/lymedisease), call 1-866-442-5866 or dial 311.

Thank you for your assistance.

