

Additional Items for Your Emergency Survival Kit

- personal alarm that emits a loud noise to draw attention to your whereabouts
- supply of food items appropriate to your dietary restrictions
- supply of medications and assistive devices as required
- supply of plastic bags for storing garbage/ personal waste
- names and contact information of your neighbours, superintendent and property/ building manager
- laminated copy of your building's evacuation plan and diagram of escape routes and location of emergency doors/ exits on each floor
- any other contingency supplies unique to your special needs

Special thanks to:

Halton Region Accessibility
Advisory Committee

Burlington Accessibility
Advisory Committee

Halton Hills Accessibility
Advisory Committee

Milton Accessibility Advisory Committee

Oakville Accessibility Advisory Committee

Community Emergency Management
Coordinators Committee

Halton Region Elder Services
Advisory Committee

Mayor's Senior Advisory Committee

Information drawn from the Emergency Preparedness Guide for People with Disabilities/Special Needs, prepared by Emergency Management Ontario

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www.halton.ca



TIP: expand your network by getting to know your neighbours.

Highrise Safety

for individuals with
special needs/disabilities

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Emergency preparedness

Available in alternate format



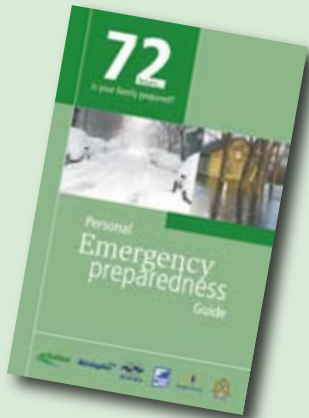
OAKVILLE

Emergencies can occur at any time and your best defence is to be prepared. Halton Region's pamphlet series on emergency preparedness for people with disabilities/special needs includes:

- Hearing
- Highrise Safety
- Mobility
- Non-Visible Disabilities*
- Seniors With Special Needs
- Travel Considerations
- Vision

* Can include communication, cognitive, sensory, mental health, learning or intellectual disabilities.

These pamphlets supplement the information found in Halton Region's Personal Emergency Preparedness Guide, available at www.halton.ca. Use the contact information provided to order your copy.



Highrise buildings present unique challenges when evacuation is necessary during an emergency. Residents should make themselves aware of:

- building superintendent's name, phone number and alternate
- members of the Building Safety Committee and who the floor monitors are (if established)
- frequency of evacuation drills and who conducts them
- location of fire extinguishers, automated external defibrillator units and oxygen tank
- location of emergency evacuation device(s)

Dos and Don'ts - Assisting People with Disabilities

- ✓ check on neighbours and/or co-workers with special needs to find out if they need your help during an emergency or evacuation
- ✓ listen actively to what the individual with special needs is saying
- ✓ during an emergency evacuation (if time permits), offer to carry the person's emergency survival kit along with any special equipment or assistive devices
- ✓ review previous categories in this series on how to assist people with specific disabilities and/or special needs
- ✗ in general, avoid attempts to lift, support or assist in moving a person down the stairs, unless you are familiar with safe techniques

Your Emergency Plan

- advise your building manager of your special needs and/or requirements prior to an emergency; ask about large printed signs that you can place in your window should you need assistance
- familiarize yourself with your building's evacuation plan
- know where all escape routes and locations of emergency doors/exits are on each floor
- know the location of emergency buttons in the building and exits that are wheelchair accessible if applicable
- request that an emergency evacuation chair be installed on the floor you live or work on, preferably close to the stairwell
- if you live in a high rise building, create a buddy system with your neighbours and regularly practice your emergency response plan with them
- if you rely on any life sustaining equipment/apparatus, develop an emergency back-up plan that will ensure the equipment is operable in the event of a power outage

Remember: individuals are best at knowing their own needs and these should be respected.