

Housing Options for Older Adults in Halton



Halton Region Older Adult Advisory Committee



Emergency housing

Please check the following resources if you are facing eviction, are in an abusive situation or have an emergency health crisis.

- **Salvation Army Halton Lighthouse and Emergency Family Shelter Program**

Provides emergency housing and services to meet the needs of those experiencing homelessness. Dial 311 for information.

- **Housing Stability Fund**

One-time assistance to prevent homelessness (last month's rent arrears, storage or moving cost assistance). If you are homeless or at-risk of becoming homeless please dial 311 to discuss your situation with a housing worker.

- **Red Cross**

The Red Cross responds to situations where individuals experience homelessness due to an act that is out of their control such as fire, flood, etc. They will provide up to 72 hours in a hotel if needed. Dial 311 for more information.

- **Canadian Mental Health Association (CMHA) SafePlace**

Provides short-term support for adults with mental health needs who are experiencing homelessness. Call 905-849-8443 or toll free 1-877-825-9011 or go to cmha-halton.ca.

- **Halton Women's Place, Emergency Shelters**

Provides shelter and crisis services for physically, emotionally, financially and sexually abused women and their dependent children. Call 905-878-8555 for Milton and Halton Hills, 905-332-7892 for Burlington and Oakville or visit haltonwomensplace.com.

- **Emergency Respite Care**

Provided by the Community Care Access Centre (page 11), Retirement Residences (page 25) and Long-Term Care Homes (page 30).

Transitional housing

- **HMC Connections (formerly Halton Multicultural Council)**

Provides temporary (three months to one year) accommodation for individuals and families while they work on their settlement in Canada and search for permanent housing. For more information, call 905-842-2486 or email info@haltonmc.com

- **Links2Care**

Provides interim supportive accommodation and outreach services for families, including older adults, in Halton Hills. Call 1-866-920-6502 or go to links2care.ca.

- **Step-Up Housing Program**

Interim supportive accommodation and support services for individuals who are experiencing chronic or episodic homelessness. Call the Salvation Army Lighthouse at 905-339-2918.

- **Milton Transitional Housing**

Provides short-term accommodation and supportive counselling to low income families and individuals experiencing housing crises. Call 289-971-0060.



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Introduction to Housing Options

When we go through different stages in life, we experience changes. As we age, housing, finances, health, driving and transportation can all potentially become issues that impact our quality of life.

As one becomes a part of the older adult population, there are many options to consider. One such option may be housing. This booklet outlines several choices to consider when thinking about housing options.

Before you make a decision about where you wish to live in your older age, you should review the options

that are of interest to you. Think about your current lifestyle and what you may want, need, and afford in the future. The “Should I stay or should I go?” section (pg. 4-6) can help you figure out your priorities.

Housing Options is just one of the many Older Adult Advisory Committee (OAAC) publications that provide information and resources to help Halton’s older adult population plan for the future. Please refer to page 34 or back cover for other publications.

Should I stay or should I go?

The decision to move or change your living arrangements—at any stage of life—is a big one. You want to make sure that any new housing options will meet your personal needs. Renovating your current home may be another option to consider.

If you find a different housing option that you would like to consider,

compare it with your current living situation to help you make an informed decision. Complete the chart below to help you decide if you should stay where you are currently living or consider another option for your residence. You may want to add your own unique living requirements to your assessment, e.g. suitability, pets, etc.

Considerations	Current situation	Future option
Accessibility		
Can you get in and out of the home easily?		
Are there areas in the home that are difficult for you to move around in?		
Can you move easily in and out of the bathroom?		
Could you renovate the home to fix accessibility problems?		
Can friends and family visit easily? Consider access to the building and parking spots.		
Transportation		
Is public transit easy for you to access?		
Is there a bus shelter with seating nearby?		
Is door-to-door transportation available in the community for those with physical limitations?		

Considerations	Current situation	Future option
Affordability		
What is the cost of renovating your home versus moving to a new location? Which is the better option?		
What is the cost of keeping your home, including utilities, taxes, insurance, transportation and a mortgage? How does this compare with other options (e.g., apartment, retirement home, smaller home, etc.)? Which location is more affordable at this time?		
Which option do you think will be more affordable in the future?		
Neighbourhood safety and security		
Do you feel safe in your current home/neighbourhood? Would you feel safe in a new home/ neighbourhood?		
Do you feel comfortable and safe walking in the neighbourhood? Consider traffic, sidewalk conditions, curbs, hills, etc.		
Are the streets well lit at night?		
Are there benches and other places to sit throughout the neighbourhood or shopping district?		
Are there sidewalks throughout the community?		
If the community has sidewalks, are the curbs sloped?		
Do the traffic lights or walk signals give you enough time to cross the streets safely?		
Is there a mailbox within walking distance?		
Is the post office/service outlet accessible?		
Is the location suitable for pets?		

Considerations	Current situation	Future option
Personal Services		
<p>Are the services that you need now or possibly in the future, available?</p> <p>For example:</p> <ul style="list-style-type: none"> • Help with cleaning or chores such as snow removal, lawn mowing, etc. • Support with medications • Help with meals • Personal support (help with bathing or dressing) • Hair dresser/barber 		
<p>Are the services you need affordable?</p>		
<p>Are doctors, dentists and other medical professionals (e.g. specialists) available in the area? If not, would you be able to travel to medical appointments with your current doctor(s) or dentist?</p>		
Shopping		
<p>Can you easily get your groceries, medication, clothes and other necessities? Is home delivery offered in the community?</p>		
<p>Can you shop and run errands during bad weather?</p>		
<p>Are you able to get to your bank (home branch)? Are there other branches of your bank close to your future location?</p>		
Socializing		
<p>Is the location close to family, friends, restaurants, places of worship, libraries or other social opportunities?</p>		
<p>Are you close to someone who can help you when you cannot shop, run errands or have an emergency?</p>		

Simple tips to make your living space safe



Floors and hallways

Are your floors free of clutter?

Do you have pets that lie in hallways or get under your feet?

Do your carpets lie flat, without wrinkles or curled edges?

■ HELPFUL TIPS

- Remove all loose mats or ensure they are firmly secured with a non-slip underlay.
- Rearrange furniture to provide easy access to rooms, entrances and exits.
- Remove cords, run them under carpets or tape them to the floor.
- Place any pet beds away from house traffic.
- Use a bell on your pet's collar so that you'll always know when they're coming near you.

Lighting

Can you easily switch on a light from your bed?

Is there good lighting where you keep your medication?

■ HELPFUL TIPS

- Ensure your lights are bright enough for you to see clearly, especially along stairs and steps.
- Keep the bathroom light on at night to help you find your way.
- Nightlights (motion-activated) are an inexpensive way to provide light to dark hallways.





Stairs and steps

Can you move the laundry upstairs to eliminate using the stairs?

Can you find a place with laundry on the same level as other rooms?

Are you able to see the edges of the steps clearly?

Do all the stairs have sturdy handrails?

■ HELPFUL TIPS

- Stairs may need extra lighting – lights that turn on automatically when they detect motion are recommended.
- Handrails on both sides of your staircase are preferable. Ensure handrails extend the full length of the staircase.
- Paint edges of steps white or yellow to see them better or apply contrasting non-slip adhesive to edges of the steps.



Kitchen

Can you easily reach kitchen items that you use regularly without climbing or bending?

■ HELPFUL TIPS

- Clean up spills when they happen, so you don't accidentally step in them and slip.
- Wear rubber soled shoes in your kitchen to prevent slips and falls.
- Arrange your kitchen so the most frequently used items, such as the microwave, is easy to reach. It is recommended to be above the hip and below eye level.
- Store lighter items higher, and heavier items in lower cupboards.
- Under-the-counter slide-out drawers (or Lazy Susans) are easier to access than fixed shelves.



Bathroom

Do you have grab bars, a shower chair or a non-slip shower mat in your bathtub or shower for stability?

Does your bathroom have adequate room to maneuver a walker or wheelchair?

Can you easily get up off the toilet seat?

Do you need a raised seat, with grab bars fitted atop your toilet?

■ HELPFUL TIPS

- Store your shampoo and soaps so they are easy to reach to reduce bending and twisting.
- Have a licensed contractor install proper grab bars (towel racks are not meant to handle human weight).
- Put non-slip adhesives on your bathtub floor.
- Consider a walk-in shower or tub (or further renovations if you use a wheelchair).
- Consider installing a raised toilet seat. You can get one from your nearest home improvement store.



Living room and bedroom

Can you get in and out of your chair or couch easily?

Does the layout of your furniture allow for walkers to fit easily through doorways and move easily around the room?

■ HELPFUL TIPS

- Consider using chairs with handles, less cushioning and more height to ensure that transfers are safer and easier. Dining room chairs often work well. Electric lift chairs are also a good option.
- Place your phone near the bed and living room chair so it can be easily answered.
- Consider getting a bed rail to help you get in and out of a low or soft bed.

Outside your home

Are walkways clear of leaves, sticks and other tripping hazards?

Do walkways have adequate lighting?

Do your steps have a railing?

■ HELPFUL TIPS

- Beware of uneven surfaces and repair them quickly.
- Consider installing a railing on outdoor steps.
- Motion detecting lights help prevent falls and discourage strangers from approaching your house.
- Apply non-slip adhesive tread to steps or paint edges of steps in yellow or white to make them easier to see.
- Keep pathways and stairs clear of tools and other items.



Resources

Falls prevention: Go to halton.ca and search 'Falls'.

Fisher Centre for Alzheimer's Research Centre: Go to alzinfo.org Look under Caregiver and Home Modification.

Multiple Sclerosis Health Centre: Go to webmd.com and search "Multiple Sclerosis: modifying your home."

Home Instead Senior Care: Go to MakingHomeSaferForSeniors.com.

Canada Mortgage and Housing Corporation (CMHC) offers a number of helpful guides, including:

- *Self-Assessment Guide.* Learn about the types of home adaptations that suit you.
- *Accessible Housing by Design.* Highlights renovations to make your home more accessible.
- *At Home with Alzheimer's Disease.* Offers tips for adapting the home of someone living with Alzheimer's disease.
- *Preventing Falls on Stairs.* Can help you reduce the risk of falls and injuries on stairs.

Toll free: 1-866-389-1742

TTY: 1-800-309-3388

Go to cmhc-schl.gc.ca.

Select 'Consumers' and look at 'Accessible & Adaptable Housing'.

Supports to help you stay in your home or apartment



Consider the following supports to keep you independent in your home:

1. Personal supports
2. Financial supports
3. Ideas to modify your home

Personal supports

For a variety of private and government funded programs that provide support to individuals, refer to the ***Halton Older Adults' Directory*** at halton.ca/oaac or call 311 to request a copy.

The **Community Care Access Centre (CCAC)** offers personal services for eligible clients and maintains a list of qualified companies who provide private services. This may help maintain your independence and enable you to stay in your home longer. To contact CCAC, call 1-800-810-0000 (Burlington), 1-877-336-9090 (Halton Hills, Milton and Oakville).

Financial supports

The cost of remaining in your present location can be a concern. Bank staff or financial advisors can help you to examine your options and plan your finances for the future. Always seek professional advice before making a decision.

Older Adult Tax Deferral Program

Halton Region in partnership with the Local Municipalities has developed the Older Adult Tax Deferral Program. The program supports older adults who need financial help, to live in their own homes longer. The program enables older adults (65+) with a total income below \$ 43,200 (before tax) to defer their annual property tax payments. The Region will implement the program in 2016, with the final design of the program to be considered by Council in February 2016.

Property tax rebates

Local Municipalities may also offer property tax grants or rebates to seniors.

City of Burlington
905-335-7777, ext. 2193

Town of Halton Hills
905-873-2601

Town of Milton
905-878-7252

Town of Oakville
905-338-4222

Home sharing/renting

Sharing your home or renting a portion of it can provide extra income. A renter who helps with chores and maintenance can save you the expense of hiring someone. (See page 16 for more information).

Using the value of your home

A line of credit or reverse mortgage allows you to convert some or all of the value of the home into cash while remaining in your home.

A line of credit allows you to borrow money as you need it and often has a better interest rate than a standard loan. Your house could be used as collateral. Like any credit product, always look for the best interest rate when selecting a line of credit.

With a reverse mortgage plan, you still own your home but take out a loan based on the home's value. The loan amount (**plus interest**) must be repaid when the term of the loan expires, the owner passes away or if the home is sold.

For more information, contact the Financial Consumer Agency of Canada: Visit fcac-acfc.gc.ca. Select For consumers from the main menu, and pick Mortgages. Then select Understanding reverse mortgages.

Ontario Ministry of Revenue programs

A number of programs offer help to seniors including: Healthy Homes Renovation Credit, Forgivable Loans, Ontario Energy and Property Tax Credit, Property Tax Relief for Low-Income Seniors and Low Income Persons with Disabilities and HST Exemption.

Call toll free 1-866-668-8297 or visit rev.gov.on.ca to learn more.

Home Assistance Program (HAP)

HAP is designed to help income-eligible households reduce their electricity bill.

For more information call the Ontario Power Authority toll free at 1-877-797-9473 or visit saveonenergy.ca. Select Site Map at the bottom of the home

page, then under For Home select Home Assistance, and Resident.

Additional information about pensions, rebates and supplements can be found in:

- Government Income Sources for Seniors (Fast Facts)
- Halton Seniors' Directory

To order copies, dial 311 or visit halton.ca/oaac.

Ontario Electric Support Program

Reduces electric bills for low income households. For eligibility and more information go to ontarioelectricssupport.ca.

Ideas to modify your home

Renovating your own home to meet your current and future needs can help you maintain your independence as you grow older. Some options to consider include:

- installing grab bars in the washroom
- altering the shower or bathtub
- installing hand railings or a stair lift
- modifying kitchen cupboards
- relocating a bedroom to the main floor

Resources

The **Canada Mortgage and Housing Corporation** provides a variety of free publications and information on renovations and accessibility. Dial 613-748-2367 or toll free 1-800-668-2642 (ask for the library) or go to cmhc-schl.gc.ca

Halton Accessibility Repair Program 2015 (HARP) provides limited funding to eligible homeowners for home modifications that are needed to improve accessibility and independent living. For example, a homeowner (or another member of the homeowner's household) may need safety handrails to walk the stairs or a walk-in shower to use the bathroom more independently. Dial 311 for more information or to apply for this program. Go to halton.ca and search for 'Halton renovates'. Then look under Other Financial Assistance.

Veterans Affairs Canada provides many programs (financial assistance for home modifications, grounds maintenance, housekeeping, etc.)

Call toll free 1-866-522-2122 or visit vac-acc.gc.ca.

March of Dimes Canada

The Home & Vehicle Modification® Program provides funding for basic home and vehicle modifications to enable children and adults with mobility-restrictive disabilities to

continue living safely in their homes, avoid job loss and participate in their communities. Call toll free 1-877-369-4867 or visit marchofdimes.ca. Search for 'Home and Vehicle Modification Program'.

Ontario Ministry of Revenue

Property Tax Relief for Residences Built or Modified to Accommodate Seniors or Persons with Disabilities provides property tax relief to eligible property owners who modify their homes to accommodate a senior. The value of the alteration or addition is exempt from property taxation.

Healthy Homes Renovation Tax

Credit is a refundable personal income tax credit to assist with the cost of permanent home modifications that improve accessibility or help a senior be more functional or mobile at home. Call toll free 1-866-668-8297 or visit rev.gov.on.ca for eligibility requirements and other information.

Emerging housing options



Cohousing

What is it?

Senior co-housing focuses on aging well in a community. Residents design and manage their cohousing needs themselves, relying on neighbourly, mutual support (co-care) and a resident caregiver they hire on an as needed basis.

Communities are designed for physical accessibility as well as financial, environmental and social sustainability. Large, shared common facilities and individually-owned small

dwellingings preserve privacy while valuing community.

This is a relatively new housing option where two or more people plan and customize their housing needs. Residents own their own housing unit but often share common spaces such as dining and recreational facilities. Seniors maintain independent spaces and can choose to live with friends to share interests, resources and workloads.

Resources

Canadian Cohousing Network

Call 905-584-6710, email info-east@cohousing.ca or visit cohousing.ca.

Solterra Co-Housing Ltd. is a private agency that encourages the development of co-housing. Call 1-877-833-0007 or go to solterraco-housing.com



Garden suite

What is it?

A garden suite is a pre-made structure installed temporarily in the backyard of an existing home owned by the garden suite resident's family member. It allows an individual to live independently and remain close to family for mutual assistance. Check with your Local Municipality for building and zoning requirements.

Resources

Canadian Manufactured Housing Institute. This organization is the official representative for members of the manufactured home industry – builders, retailers, realtors, suppliers, etc. They also maintain a list of registered member builders and retailers of manufactured (prefabricated) homes. Call 613-563-3520, email cnhi@cnhi.ca or visit cmhi.ca.

Home sharing

What is it?

This is a living arrangement where a number of unrelated people (# determined by municipality) live in a single dwelling. When an older adult lives alone in a large home and has difficulty with chores, renting to a physically stronger person can help older adults stay in their home for a longer period of time. If help around the house is exchanged for lower rent, this arrangement can be beneficial for all parties. Home sharing may also provide companionship and a sense of security for an older resident.

Resources

Halton HomeShare Toolkit is a resource for individuals wanting to share a home. Phone 905-632-1975 or go to burlingtonagefriendly.ca

Landlord and Tenant Board can help with tenant recruiting. Call 416-645-8080, toll free 1-888-332-3234 or go to sjto.gov.on.ca/ltb

Life lease housing

What is it?

Life lease housing is usually owned and managed by non-profit community based groups. Residents (most often those aged 65 and older) pay for the right to occupy a unit by purchasing a lease with an upfront payment and paying a monthly maintenance fee. Unlike renting, the lease is for a set number of years or for life. When the resident moves out, the lease is sold at fair market value (less a fee) to another older adult through the life lease corporation.

How to apply

You must apply to the individual life lease building or corporation.

Considerations

- Life lease housing developments may be in the form of individual house, high rises, low rises or row housing.
- Maintenance fees will be applied; property taxes are charged by the municipality.
- There is an opportunity for socialization and companionship.
- Can be close to family, friends, local amenities and services.
- CCAC and other community support services are available depending on eligibility.

- Private services can also be purchased.
- Life lease housing is unregulated.

Where in Halton?

For more information, call life lease projects serving older adults in Halton:

Marion Courtyard
137 Martin St., Milton
905-878-1951

Woodside Mews
290 Woodside Dr., Oakville
905-338-1657

The Gallery at Bennett Village
200 Halton Hills Dr., Georgetown
905-702-1247

Resources

The Provincial Government's **Life Lease Housing Resource Guide:** Questions and Answers for People Considering Life Lease Housing. Go to mah.gov.on.ca and search Life Lease.

Zock & Associates Incorporated (formerly Life-Lease Associates of Canada). Call 416-367-2917, email gzock@zock.ca or visit zock.ca.

Purchased condominiums

What are they?

Purchased condominiums are dwellings (bungalows, apartments, and townhouses) purchased from private housing providers. Unlike life leases, you own your share of the condominium and you're responsible for selling it when you move. Types of buildings and services may vary from site to site. There is an opportunity to be involved in the governance of the property by participating on the condominium board of directors.

How to apply

For condominiums throughout Halton, check with your local real estate office. Look for a Senior Real Estate Specialist (SRES designation) as they will be more familiar with options that better suit your needs.

Considerations

- Ownership in real estate could possibly provide an increase in your purchased property's value.
- Provides privacy.
- Monthly condominium fees will apply and may increase as property costs increase.
- Opportunity for socialization and companionship.

- Helps to maintain your independence and provides you the opportunity to be close to family, friends, local amenities and services.
- Governed by the *Condominium Act 1998*.
- CCAC and other community support services are available if you are eligible.

Where in Halton?

Condominiums are located throughout Halton and can be found and purchased through the owner or a real estate agent. The ones listed below are specifically for seniors and offer services as well.

Condominiums for older adults

Hearthstone by the Lake
100 Burloak Dr., Burlington
905-333-9194

Resources

Canada Mortgage and Housing Corporation offers a variety of free publications including the *Condominiums Buyers Guide*. Call 1-800-668-2642 toll free or go to cmhc.ca and search Condominiums Buyers Guide.

Retirement villages (adult lifestyle communities)

What are they?

A retirement community is a housing complex designed for older adults who are generally able to care for themselves; however, assistance from home care agencies is provided in some communities, and activities and socialization opportunities are often provided. A management company may maintain the grounds and provide repair services.

How to apply

There are no special eligibility requirements. Apply to individual housing sites to become a tenant.

Considerations

- May have safety and security features.
- Provides privacy.
- Less maintenance and chores than having your own home.
- Services available to support independent living for older adults may vary.
- Opportunity for socializing and companionship.
- Helps to maintain your independence and provides you the opportunity to be close to family, friends, local amenities and services.

- CCAC and other community support services are available if you are eligible.

Where in Halton?

Although there are no true retirement villages in Halton, these complexes offer a community for older adults or a variety of housing and services in one area.

Barber Glen Community

(Bungalows for older adults)

Georgetown South

Call real estate agents for information.

Village of Walkers Green,

Heritage Walk

(Rental bungalows) and **Heritage Place** (retirement residence)

4151 Kilmer Dr., Burlington

905-315-2500

Burlington Gardens

(Bungalows, apartments and retirement residence)

300 Plains Rd. W., Burlington

905-521-0888

Woodside Mews

(Bungalows and bungalofts)

290 Woodside Dr., Oakville

905-338-1657

Apartments



Halton Housing Help

This is a new Regional service that connects you to the housing supports you need. Working in collaboration with community partners, Halton Housing Help supports individuals to access and maintain safe and affordable housing.

- Supports renters and landlords by providing information about and referrals to housing programs and resources in the community.
- Central access point to housing supports and services in Halton.

Services include:

- Online resources through the Halton Housing Help web pages that link to various housing supports in Halton, including a free rental listing service. Go to: haltonrentconnect.ca
- A telephone support service to answer general questions about housing resources in Halton by dialing 311.
- One-to-one support to help individuals who require more intensive support to meet their housing needs. Appointments can be booked by dialing 311.

Guide to Rental Housing in Halton

Provides information that can assist in the search for safe and affordable housing including a Housing Search Checklist. For more information please visit halton.ca/HousingHelp



Cost of apartments

When you are looking for an apartment, the cost will depend on what type of rent is assigned to the unit. There are three types of rent:

- 1. Assisted Housing:** Rent is subsidized by a government program.
 - a. Rent-geared-to-income (RGI):* A type of assisted housing subsidy. Rents are based on 30 per cent of your gross monthly household income (income before tax is deducted).

b. *Halton In-situ Program (HIP)*: Eligible Halton residents sourced from the Halton Access to Community Housing (HATCH) (page 22) wait list receive a housing allowance directly. HIP funding is determined by your current rent and amount of total household income. Funding is available for single households as well as families. Funding is similar to the amount provided through regular rent-geared-to-income (RGI) housing assistance.

2. **Affordable Rent:** Some private non-profit providers receive funding from the federal or provincial governments to charge a reduced amount (approximately 80 per cent of average market rent based on Canada Mortgage Housing Corporation data).
3. **Market Rent:** This is full price rent as found in private buildings, accessory apartments and in some of the units in social housing buildings. It is rent that is not subsidized by the government.

Considerations for assisted and affordable housing units

- Rent will change when your income changes.
- Waitlists vary depending on services required and building preferences. Dial 311 for HATCH for information on how early to apply (see page 22-24 for more information).

Types of apartments

Apartment type is based upon several factors including the location, residents of the building and who owns and manages it:

1. **Accessory apartments** are units built in private homes and are found in some municipalities. Regulations permitting accessory apartments vary within each municipality.
2. **Regular apartments** can be found in privately owned multi-unit buildings. These also cater to the general public (mixed age groups). Some condominium owners may also rent out their condo units.
3. **Seniors apartment buildings** are exclusively for seniors and may be owned and managed by private or non-profit organizations. The cost may be market rent or subsidized by government (see page 23-24 for more information).

How to apply

Apply directly to individual buildings, apartments or condominium owners.

Where in Halton?

Look in local newspapers for privately owned buildings catering to residents of all ages or for accessory apartments. Real estate agencies may also have information about rental units.

Considerations

- Provides privacy.
- May provide safety checks and security systems.
- Market rents vary from location to location and rent-geared-to-income is based on a person's income.
- May require a 12-month rental agreement.
- Helps to maintain your independence and provides you the opportunity to be close to family, friends, local amenities and services.
- Community Care Access Centre (CCAC) and other community support services are available if you are eligible.
- Governed by the *Residential Tenancies Act* (2006).

HATCH is the centralized waitlist for RGI housing in Halton Region. For more information or to apply to the waitlist, dial 311 to speak with a representative or go to **halton.ca** and search **subsidized housing** to download the application form.

To be eligible for RGI seniors housing through HATCH, all members of the household must:

- be able to live independently
- be a Canadian citizen or a Permanent Resident; or
- have made an application for permanent residency, sponsorship or refugee protection under the *Immigration and Refugee Protection Act* (Canada) and have not been issued a removal order that has become enforceable;
- not owe money to another RGI housing provider in the Province of Ontario; and
- be a senior aged 65+ or a senior aged 60 who requires support services (a senior who does not require support services may apply at age 60 but will not be offered housing until 65 years of age).

Some housing sites are not part of HATCH and must be accessed directly. These sites may also have different standards. For example, Trafalgar Senior Homes Limited offers units to adults who are 60 years of age or older.

Apartment buildings for older adults

What are they?

These are rental units for seniors provided at market rental rates, affordable rent or subsidized rates (i.e., rent-geared-to-income).

How to apply

There are three ways to apply for an apartment:

1. Call the building owner for a market rent or affordable rent apartment.
2. Call the building owner for a subsidized rent apartment for buildings that do not participate in the centralized waitlist kept by Halton Access to Community Housing (HATCH).
3. Call HATCH to apply for a subsidized rent apartment (RGI).

Where in Halton?

Burlington

Aldershot Village Residence
540 Plains Rd. E.
Dial 311 for HATCH

Bonnie Place I
500 Claridge Rd.
For subsidized rent (RGI)
Call 905-634-0046

Bonnie Place II
500 Claridge Rd.
For market rent/affordable rent
Call 905-634-0046

Longmoor
41 Longmoor Dr.
Dial 311 for HATCH

Maranatha Homes
3260 New St.
For market rent, call 905-681-0311

Palmer Place
3097 Palmer Dr.
Dial 311 for HATCH
For market rent, call 905-319-2626

Pinedale
5250 Pinedale Ave.
Dial 311 for HATCH

St. Luke's Close of Burlington
1421 Elgin St.
Dial 311 for HATCH
For market rent, call 905-681-7113

Walkers Landing
513 Walkers Line
Dial 311 for HATCH
For market rent, dial 311 for Halton Community Housing Corporation

Wellington Terrace
410 John St.
Dial 311 for HATCH
For market rent, dial 311 for Halton Community Housing Corporation

Westwood II
984 Falcon Ave.
Dial 311 for HATCH

Woodward Park
2424 Woodward Ave.
Dial 311 for HATCH

Halton Hills

Braeside Seniors Residence
46 Holmesway Place, Acton
Dial 311 for HATCH

Cote Terrace
171 Main St. S., Georgetown
Dial 311 for HATCH
For market rent, call 905-578-3833

John Armstrong Terrace
8 Durham St., Georgetown
Dial 311 for HATCH

Kin Court
3 Hyde Park Dr., Georgetown
Dial 311 for HATCH

Lakeview Villa
17 Elizabeth Dr., Acton
Dial 311 for HATCH

Legion Terrace Apartments
51 Birchway Place, Acton
For market rent, call Kerr Realty at
905-876-0407

Sargent Court
11 Sargent Rd., Georgetown
Dial 311 for HATCH

Residences of St. Andrews
220 Sinclair Ave., Georgetown
For market rent/affordable rent,
Call 905-877-3897

Milton

Bruce Apartments
40 Ontario St.
Dial 311 for HATCH

Martin House Seniors Residence
189 Ontario St. S.
Dial 311 for HATCH

Oakville

John R. Rhodes Residence
271 Kerr St.
Dial 311 for HATCH

Knox Heritage Place
2191 Sixth Line
Dial 311 for HATCH
For market rent, call 905-849-0389

Oakville Senior Citizens Residence
2220-2222 Lakeshore Rd. W.
Dial 311 for HATCH

Trafalgar Senior Homes Limited
Rotary Gardens

- 1285 Sedgewick Dr.
- Rotary Centennial Towers
17 Stewart St.

For market rent, call 905-842-5095.

Housing with care services



Retirement residences

Retirement residences serve seniors who may need or want help with daily living activities. They are usually privately owned and provide fee-based specialty accommodation, meals and communal programming, along with 24-hour supervision and a range of personal assistance services. The individual residence's services will determine the eligibility requirements for applicants. Some of the homes provide overnight or short stay respite care for seniors when they are transitioning from a hospital or when their main caregiver is unavailable.

For more information, call the Ontario Retirement Community Association (ORCA) at 905-403-0500, toll free at 1-888-263-5556, by email at info@orcaretirement.com or go to orcaretirement.com.

Public Register of Retirement Homes Regulatory Authority (RHRA) has an explanation of what licensing means and the licensing status or all

retirement residences. Call 1-855-275-7472 or go to rhra.ca/en/register

The Ontario Government site information: Go to ontario.ca and search 'retirement homes.'

Both the Ontario Government and ORCA have checklists to help you choose the right place for you:

- Go to ontario.ca and search 'Find a retirement home'
- Go to orcaretirement.com and select 'help me choose' and then 'checklist.'

How to apply

Applications must be made to the individual retirement home.

Considerations

- Usually privately owned.
- Not subsidized.
- Governed by the *Residential Tenancies Act 2007*.
- Care provided to residents is regulated under Ontario's *Retirement Homes Act, 2010*).

- Usually requires a 12-month lease but respite or short-term stay options may be available.
- Rates may increase when a lease is renewed.
- Voluntary accreditation process done by the Ontario Residential Care Association (ORCA).
- Fees for rent and services may vary and increase over time (with notice).
- Offer a range of services from meals to 24-hour nursing supervision.
- May include laundry, recreation, housekeeping, medical and administrative services.
- You can take your own furnishings and personal supplies.
- There is an opportunity for socializing and companionship.
- Community Care Access Centre (CCAC) and other community support services are available if you are eligible.
- Retirement Homes Regulatory Authority (RHRA) Information Helpline (formerly known as the Complaints Response and Information Service) is open from 8 a.m. to 8 p.m., seven days a week. Call toll free at 1-800-361-7254.

Where in Halton?

Burlington

Appleby Place
500 Appleby Line
905-333-1611

Burlington Gardens
300 Plains Rd. W.
905-521-0888

Christopher Terrace
Retirement Residences
3131 New St.
905-632-5072

Heritage Place (Village of
Walkers Green)
1431 Tobyn Dr.
905-315-2500

Lakeshore Place Retirement Residence
5314 Lakeshore Rd.
905-333-0009

LaSalle Park Retirement Community
18 Plains Rd. W.
905-527-9300

Martha's Landing
2109 Lakeshore Rd.
905-637-7757

Park Ave. Manor
924 Park Ave. W.
905-333-3323

Pearl and Pine
390 Pearl St.
905-633-8300

Sunrise of Burlington Senior Living
5401 Lakeshore Rd.
905-333-9969

The Williamsburg
1893 Appleby Line
905-335-1121

Village of Tansley Woods
Retirement Residence
4100 Upper Middle Rd.
905-336-9904

Halton Hills

Mountainview Residence & Terrace
222 Mountainview Rd. N.
Georgetown
905-877-1800

Milton

Birkdale Place
611 Farmstead Dr.
905-203-3490

Martindale Gardens
45 Martin St.
905-693-8592

Seasons Milton
760 Bronte St. S.
905-864-6888

Oakville

Amica at Oakville
160 Bronte Rd.
905-842-8167

Churchill Place
345 Church St.
905-338-3311/ 1-877-929-9222

Chartwell Classic
180 Park Ave.
905-257-0095

Delmanor Glen Abbey
1459 Nottingham Gate
905-469-3232

Kensington
25 Lakeshore Rd. W.
905-844-4000

Palermo Village Retirement Residence
3136 Dundas St. W.
905-582-0395

Queens Avenue
Retirement Residence
1056 Queens Ave.
905-815-0862

Sunrise Senior Living
456 Trafalgar Rd.
905-337-1145

Trafalgar Lodge by Revera
299 Randall St.
905-842-8408

Vistamere
380 Sherin Dr.
905-847-1413

Guelph/Wellington

Eden House
29 Wellington St. W., Guelph
519-856-4622

Life lease and condos

Some life lease buildings and condos offer care as well. See page 17-18.

Assisted Living Services/ Supportive Housing *(designated buildings and neighbourhoods)*

These programs provide older adults and adults with disabilities with personal support services so they can continue living in their homes as their health needs change.

Services include assistance with personal care (such as bathing and mouth and skin care), personal support (such as dressing and assistance with pre-measured medications) and homemaking services (such as light housekeeping and laundry).

To apply, contact HATCH: Go to halton.ca/housing, dial 311 or contact other service providers at the phone numbers listed on pages 23 and 24.

How to apply

When applying for an apartment unit through HATCH (see page 22), an application may be made for in-home services from Supportive Housing by completing a Supportive Housing

Screening Form. Eligibility varies from program to program. Although you must be age 65 or older to obtain a senior rent-geared-to-income (RGI) unit, supportive housing services and units can be obtained by eligible applicants at age 60.

Considerations

- Services vary from site-to-site. Check with each site to determine services offered.
- Waitlists can vary for each building.
- Some of the buildings are more accessible than others and some offer accessible units.
- Supportive Housing helps you maintain your independence.
- Provides a variety of safety and security programs.
- Can access help on a regular basis or on an emergency basis (24-hour on-site or eligible service hours per week).
- There is an opportunity for socialization and companionship.

Where in Halton? (for support services)

Burlington

Aldershot Village Residence
540 Plains Road East
Capability Support Services
Independent Living
To apply, call 905-634-6346.

Carey House
1401 Ontario St.
To apply, call 905-681-2682.

Palmer Place
3097 Palmer Dr.
Apply through Hatch at time of application to housing. Tenants call AbleLiving at 905-335-3166.

Halton Hills

Cote Terrace
171 Main St. South, Georgetown
Tenants call 905-877-1198.

John Armstrong Terrace
8 Durham St. Georgetown
Apply through HATCH at time of application to housing.
Tenants call 905-873-8765.

Lakeview Villa
Apply through HATCH at time of application to housing
Tenants call 519-853-9916.

Oakville

Jean and Howard Caine Apartments
259 Robinson St.
March of Dimes Canada
Apply through HATCH at time of application to housing. Tenants call 905-845-7412.

Supports for Daily Living (SDL)

This program provides the same personal care and supports described in the Assisted Living services (see page 28). Services are available to seniors living in a designated building as well as a designated surrounding neighborhood.

Where in Halton?

Milton and Oakville

Bruce Apartments/Milton Neighbourhood
40 Ontario St., Milton
To apply contact the SDL Central Registry 905-281-4443

Oakville Senior Citizens Residence
2220-2222 Lakeshore Rd. W., Oakville
To apply contact the SDL Central Registry 905-281-4443

John R. Rhodes Seniors Residence Neighbourhood
271 Kerr St., Oakville
To apply contact the SDL Central Registry 905-281-4443

Burlington

Wellington Terrace
410 John St., Burlington
Apply through HATCH at time of application to housing.
Tenants dial 311.

Westwood II
984 Falcon Ave. Burlington
Apply through HATCH at time of application to housing. Tenants call AbleLiving at 905-335-3166.

Bonnie Place I and II
500 Claridge Rd., Burlington
Apply through property manager at time of application to housing. Tenants dial 311.

To apply contact the Community Care Access Centre at:
1-800-810-0000 (Burlington)
1-877-336-9090 (Halton Hills, Milton and Oakville)

Long-term care homes

What are they?

Long-term care (LTC) homes are for those who can no longer live independently in the community and need personal and nursing care. These individuals may also need assistance with the activities of daily living as a result of physical limitations, cognitive deficits or behavioural conditions.

How to apply

You apply for LTC through the Community Care Access Centre (CCAC). The Ministry of Health and Long-Term Care sets eligibility criteria for admission to the homes. For

information regarding placement and assessment for long-term care homes, go to ccac-ont.ca or call the CCAC:

- Burlington
905-639-5228
Toll free 1-800-810-0000
- Halton Hills, Milton and Oakville
905-855-9090
Toll free 1-877-336-9090

Considerations

- May be private or non-profit.
- Partially funded and fully governed by the Ontario Ministry of Health and Long-Term Care.
- Waitlists may limit choice of home or suite option (ward, semi-private or private).
- Services include 24-hour nursing supervision, assistance with eating, dressing, bathing, going to the washroom, walking, occupational therapy and physio-therapy, as well as regular and emergency medical care.
- Respite or short-term stay options may be available.
- Limited personal furnishings and belongings are allowed.
- The resident and the Ministry of Health and Long-Term Care (MOHLTC) share the cost of care. Rates are set by the MOHLTC and are the same throughout Ontario.
- The care received in all

accommodations is the same and does not change based on the rates paid. Rates change annually. For current rates go to ontario.ca Search Long term care homes and Find long term care homes and costs.

For more information, contact the Ontario Association of Non-Profit Homes and Services for Seniors (OANHSS) at 905-851-8821 or go to oanhss.org.

The Ontario Government has a checklist to help you choose the right place:

1. Go to ontario.ca
2. Search 'Long term care homes'
3. Find long term care homes and scroll down to 'Choose a long-term home'

For concerns regarding Long-Term Care homes, call Service Ontario toll free at 1-866-434-0144, seven days a week, 8:30 a.m. to 7:00 p.m.

Where in Halton?

Burlington

Billings Court Manor
3700 Billings Court
905-333-4006

Brant Centre
1182 North Shore Blvd. E.
905-639-2848

Burloak Long-Term Care Centre

5959 New St.
905-639-6389

Cama Woodlands Nursing Home
159 Panin Rd.
905-681-6441

Creek Way Village (Halton Region)
5200 Corporate Dr.
Dial 311

Hampton Terrace Care Centre
75 Plains Rd. W.
905-631-0700

Maple Villa Nursing Home
441 Maple Ave.
905-639-2264

Mount Nemo Christian Nursing Home
4486 Guelph Line
905-335-3636

The Village of Tansley Woods
4100 Upper Middle Rd.
905-336-9904

Wellington Park Care Centre
802 Hagar Ave.
905-637-3481

Halton Hills

Bennett Health Care Centre
1 Princess Dr., Georgetown
905-873-0115

Extendicare Halton Hills
9 Lindsay Court, Georgetown
905-702-8760

Milton

*Allendale (Halton Region)

185 Ontario St. S.

Dial 311

Oakville

Northridge Long-Term Care Centre

496 Postridge Dr.

905-257-9882

Post Inn Village (Halton Region)

203 Georgian Dr.

Dial 311

The Waterford

2140 Baronwood Dr.

905-827-2405/1-855-461-0685

West Oak Village

2370 Third Line

905-469-3294

Wyndham Manor

291 Reynolds St.

905-849-7766

Guelph/Wellington

*Eden House Care Facility

29 Wellington St. W., Guelph

519-856-4622

**May have respite beds available.*

Specialized housing

What is it?

Housing that provides support for individuals with specific needs to manage a mental illness or addiction.

How to apply

Apply to each individual program.

Where in Halton?

Summit Housing and Outreach

Programs: Supportive housing for individuals with a diagnosed serious mental illness.

Burlington: 905-333-4814

Milton: 905-876-3957

Acton: 519-853-1466

Oakville: 905-847-3206

Community Living: Provides residential support to adults with developmental disabilities in Burlington, Halton Hills, Milton and Oakville. To apply call Developmental Services Ontario/Central West toll free at 1-888-941-1121.

Support & Housing–Halton:

Offers different housing options for those with mental health issues or addictions. Call 905-878-2337 or one of the following:

Oakville: 905-845-9212

Burlington: 905-639-4014

Milton: 905-693-8771

Joyce Scott Non-Profit Homes Inc.:

Deborah's Home is a five-bedroom, fully wheelchair accessible home for those aged 16 and up requiring around-the-clock personal and homemaker care.

Milton: 905-878-6722.

Halton Cheshire Homes: 24-hour attendant care for adults with physical disabilities. This service is provided to 10 adults in a group setting. Call 905-681-2682 for more information.

Housing with related supports

What are they?

Formerly known as domiciliary hostels, this housing provides accommodation, meals and assistance with daily living activities for adults living with severe and chronic mental illnesses or cognitive difficulties and impairments.

How to apply

You may apply to each facility individually or be referred by a doctor.

Where in Halton?

Bethany Rest and Retirement Home
2387 Industrial St., Burlington
905-335-3463

Millhouse Resthomes:

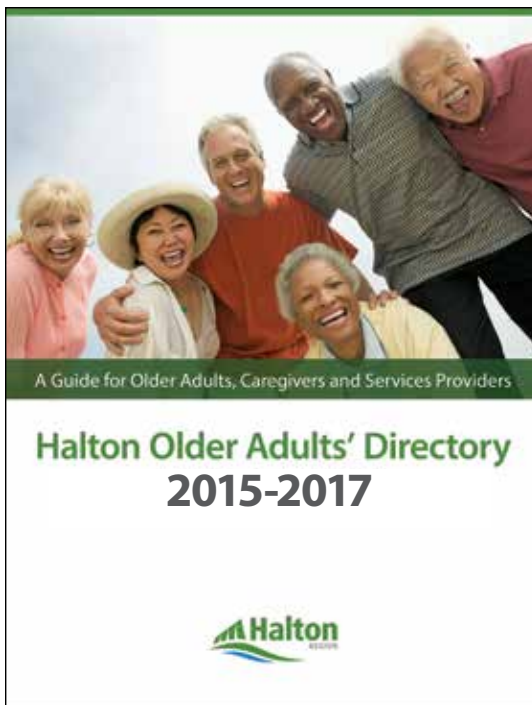
- 34 Mill St. W., Acton
519-853-5306
- 14022 Churchill N., Acton
519-853-9773

Parkside Rest Home
58 Main St. N., Acton
519-853-0148

Free publications for seniors and caregivers

Halton Seniors' Directory

A guide for older adults, caregivers and service providers



Fast Fact Brochures

Transportation Options
Safe Driving
Government Income Sources
Wills/Powers of Attorney
Information for Caregivers
Healthy Aging
Coverage of Drug Costs
Older Adults Continence
Downsizing Belongings
Employment for Older Adults
Funerals

Need Help in...

A one page quick reference on community services specific to where you live:

- Burlington
- Halton Hills
- Milton
- Oakville

Dial 311 or check us out online at halton.ca/oaac