



Halton Healthcare Services
Georgetown / Milton / Oakville

Respiratory Services Department

**RESPIRATORY SERVICES
REQUISITION**

PLEASE STAMP BELOW

APPOINTMENT
DATE and TIME

GEORGETOWN

1 Princess Anne Drive, Georgetown, ON L7G 2B8
Phone: 905-873-0111 ext. 8528 Fax: 905-873-4595

Screening and Diagnostic Studies

- Spirometry (FEV1, FVC, MMEFR)
- Spirometry Pre & Post Bronchodilator
- Arterial Blood Gases (ABGs)
- Oximetry: Resting Exercise
- Single Blind Study
- Inhaler Instruction
- Home Oxygen Assessment
(including ABG and Oximetry)

Resource and Referral Programs

- Home Oxygen Program (C. Air)
☎ 905-338-4121
- Asthma Education Centre
☎ 905-873-0111 ext. 8199
(Spirometry pre & post bronchodilator,
peak flow monitoring, inhaler instructions)
- Other – please specify:

MILTON

7030 Derry Road, Milton, ON L9T 7H6
Phone: 905-878-2383 ext. 7695 Fax: 905-876-7040

Screening and Diagnostic Studies

- Spirometry (FEV1, FVC, MMEFR)
- Spirometry Pre & Post Bronchodilator
- Pulmonary Function Test (PFT)
☎ 905-878-2383 ext. 7345
(Spirometry pre & post bronchodilator, lung
volumes, diffusing capacity)
- Arterial Blood Gases (ABGs)
- Oximetry: Resting Exercise
- Inhaler Instruction
- Home Oxygen Assessment
(including ABG and Oximetry)

Resource and Referral Programs

- Home Oxygen Program (C. Air)
☎ 905-338-4121
- Asthma Education Centre
☎ 905-878-2383 ext. 7695
(Spirometry pre & post bronchodilator,
peak flow monitoring, inhaler instructions)
- Other – please specify:

OAKVILLE

327 Reynolds Street, Oakville, ON L6J 3L7
Phone: 905-338-4679 Fax: 905-338-4631

Screening and Diagnostic Studies

- Spirometry (FEV1, FVC, MMEFR)
- Spirometry Pre & Post Bronchodilator
- Pulmonary Function Test (PFT)
☎ 905-338-4686 / Fax: 905-815-5082
(Spirometry pre & post bronchodilator, lung
volumes, diffusing capacity)
- Methacholine Challenge Test (MCT)
☎ 905-338-4686 / Fax: 905-815-5082
(Spirometry pre & post bronchodilator,
serial methacholine inhalations & spirometry)
- Arterial Blood Gases (ABGs)
- Oximetry: Resting Exercise
- Single Blind Study
- Inhaler Instruction
- Home Oxygen Assessment
(including ABG and Oximetry)

Resource and Referral Programs

- Home Oxygen Program (C. Air)
☎ 905-338-4121
- Asthma Education Centre
☎ 905-338-4691 / Fax: 905-338-4631
(Spirometry pre & post bronchodilator,
peak flow monitoring, inhaler instructions)
- Smoking Cessation Program
☎ 905-338-4691 / Fax: 905-338-4631
- Other - please specify:

REASON FOR TEST

- Does patient smoke? Yes No
- Does patient have latex sensitivity? Yes No
- Does patient have implanted defibrillator? Yes No

- ❖ Unless specified, all other tests are booked through Respiratory Therapy Dept.:
Georgetown: ☎ 905-873-0111 ext. 8528 **Oakville:** ☎ 905-338-4679 **Milton:** ☎ 905-878-2383 ext. 7695
- ❖ Cardio-pulmonary stress testing booked through Cardiology Dept. at Oakville (☎ 905-338-4686) on Cardiology Requisition (Form# 211774-001070)
- ❖ **Please see reverse for instructions re medication use prior to testing.**
- ❖ **Pregnant women are restricted from Methacholine Challenge testing.**

Ordering Physician: _____

Physician's Signature: _____

Patient Name	Appointment Date	Appointment Time
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INSTRUCTIONS

(Please Read Carefully)

Spirometry, Peak Flow Monitoring, and Pulmonary Function Testing: (This test takes about 45 minutes)

You **MAY NOT** take:

- ◆ any inhaled, short-acting bronchodilators (Ventolin and Airomir) for 8 hours before the test
- ◆ Serevent, Advair, Oxeze, Symbicort products for 18 hours before the test
- ◆ Aminophylline, Spiriva or similar products for 24 hours before the test

Methacholine Challenge Testing: (This test takes about one hour)

This test is to determine whether you have asthma. You will be asked to inhale gradually increasing strengths of Methacholine mist. Between each inhalation, breathing tests will be done. You may not have this test if you are pregnant.

In preparation for the test, please note the following about your medications:

1. You **MUST** continue to take all steroids, as prescribed.
2. You **MAY NOT** take:



- ◆ any inhaled, short-acting bronchodilators (i.e., Ventolin, Airomir) for 8 hours before the test
- ◆ Serevent, Advair, Oxeze, Symbicort products for 18 hours before the test
- ◆ Accolate, Singulair, Aminophylline, Spiriva or similar products for 24 hours before the test

3. Please **TAKE** all your other medications in the usual manner unless you are told not to by the doctor who ordered the test.

IMPORTANT!

If shortness of breath bothers you when you stop taking your medications, please begin taking them again in the usual manner and notify the Respiratory Therapy Department before your appointment.

Remember:



- ◆ If you have any queries about your medications, please do not hesitate to call the Respiratory Therapy Department:

Georgetown: ☎ 905-873-0111 ext. 8528 Milton: ☎ 905-878-2383 ext. 7695 Oakville: ☎ 905-338-4679

- ◆ Any patients arriving later than 15 minutes past the scheduled appointment time will have to be re-booked.

- ◆ If you are unable to keep your appointment, please notify us 24 hours prior to the test:

Georgetown: ☎ 905-873-0111 ext. 8528 Milton: ☎ 905-878-2383 ext. 7695 Oakville: ☎ 905-338-4679

Thank You .