How to Help with Outbreak Control
For Residents, Families and Visitors

Type of Outbreak: ________________________________
Date Outbreak Declared: ___________________________
Location(s): ______________________________________

Before visiting:
✓ Use alcohol-based hand rub when you arrive and after you leave.
✓ Sign in and out at reception.
✓ Limit your visit to one resident only, if possible.
✓ Please check with the nurse before visiting. You may be asked to wear a gown, mask and/or gloves.
✓ Ask the nurse about any resident outings and/or appointments. Resident activities may be restricted or cancelled.
✓ Get your flu shot every year to protect yourself, residents and staff.
✓ Do not visit if you feel unwell or have any of the following:
  • fever
  • new or worsening cough
  • shortness of breath
  • sore throat/hoarse voice
  • vomiting
  • diarrhea
  • new or worsening rash

STOP