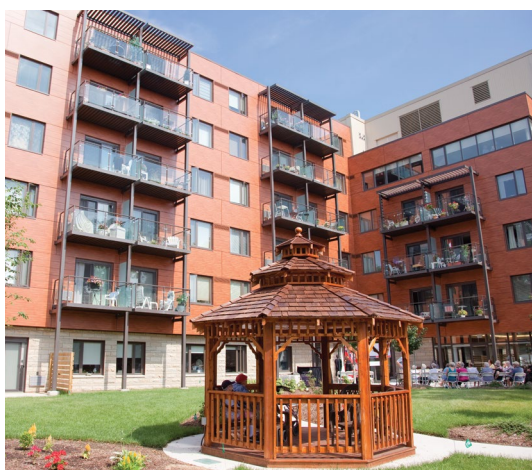


Housing Information

for Older Adults in Halton



A Guide for Older Adults, Caregivers and Service Providers



Emergency Housing

Halton's emergency shelters and services help individuals and families regain stable housing. Please check the following resources if you are facing eviction, are in an abusive situation or have an emergency housing or mental health crisis.

If you are facing homelessness or eviction, call 311 and we will help you to find the best options.

Housing Stability Fund

One-time assistance to prevent homelessness (last month's rent arrears, storage or moving cost assistance). If you are homeless or at risk of becoming homeless, call 311 to discuss your situation with a housing worker.

Salvation Army Halton Lighthouse

Provides emergency housing and counseling services to men aged 16 and over experiencing homelessness. Call 311 for more information.

Wesley Urban Ministries Emergency Supportive Housing (Hamilton)

Provides emergency housing and counseling services to women and families with children who may be in need of emergency shelter. Call 311 for more information.

Crisis Outreach and Support Team (COAST)

Provides a 24/7 crisis support phone helpline to Halton residents aged 16 and over who are experiencing a mental health crisis. Callers will receive professional support and guidance and help in developing an intervention plan where needed.

COAST Crisis line877-825-9011

Suicide Crisis line988

Halton Women's Place Emergency Shelters

Provides shelter and crisis services for physically, emotionally, financially and sexually abused women and their dependent children.

North Halton.....905-878-8555

South Halton.....905-332-7892

www.haltonwomensplace.com



Introduction to Housing Information

Your home should work for your life — at every stage of it.

As we move through life, our sense of what “home” means naturally evolves. For many adults, a space that worked perfectly for years may no longer feel like the right fit — whether due to changes in mobility, accessibility, finances, transportation, or simply changing priorities. These transitions are a normal part of life, and they open the door to exploring options that better support how you want to live.

At the same time, housing choices aren’t made in a vacuum. Communities across the region are under increasing pressure to expand their housing supply while concurrently government policies and services that support aging in place are also reshaping how people think about their long-term housing decisions. Availability varies widely from community to community, shaped by local growth plans and development policies.

Whether you’re planning ahead or navigating a change right now, this booklet is here to help. It covers a range of housing options, community resources, and the key factors worth thinking through as your needs evolve.

Ready to take stock of your priorities? See **Appendix A on page 27** for a practical tool to help you assess your priorities.

Housing Information is just one of the many Older Adult Advisory Committee (OAAC) publications that provide information and resources to assist Halton’s older adult population plan their future. See the back cover for a complete listing of other helpful publications.

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Ontario Health atHome can help you:

- Assess your in-home care needs
- Apply for adult day programs and long-term care
- Access falls prevention programs
- Find a Doctor
- Acquire the right walker or wheelchair
- Improve your home's accessibility
- Access foot care

Call 1-833-515-1234

Resources to Help You Stay In Your Home



To assist you in evaluating your living situation, consider the following topics:

1. Personal supports
2. Financial supports
3. Improve Home Accessibility

Personal Supports

For a variety of non-profit and government funded programs that provide support to individuals, refer to the Halton Older Adults' Directory at www.halton.ca or call 311 to request a copy.

Ontario Health AtHome

Ontario Health atHome can coordinate access to a variety of in-home services such as nursing, personal support, physiotherapy, caregiver supports and more. They can also refer you to local community supports and can be your link to long-term care in your community when it becomes difficult for you to live independently.

Burlington..... 1-800-810-0000
Halton Hills, Milton,
and Oakville 1-877-336-9090
..... 1-833-515-1234

Financial Support

The ongoing costs of remaining in your present location can be of concern. Bank Specialists or properly credentialed Financial Advisors can help you examine your options and make an informed decision. **Always seek professional advice before making any decisions.**

Older Adult Property Tax Deferral Program

The Older Adult Property Tax Deferral Program developed by Halton Region in partnership with the Local Municipalities, enables older adults (65 years old and older) with a total income below the Assisted Housing Income Threshold to defer their annual property tax payments. The Assisted Housing Income Threshold is assessed annually and as of January 2026, the rate is \$69,500.

Call 311 or go to www.halton.ca

Property Tax Rebates

Local Municipalities may also offer property tax grants or rebates to older adults.

City of Burlington 905-335-7750

Town of Halton Hills 905-873-2601

Town of Milton 905-864-4142

Town of Oakville 905-338-4222

Ontario Ministry of Finance Programs

A number of programs offer help to older adults including: Guaranteed Annual Income System (GAINS), Ontario Energy and Tax credit, Provincial Sales Tax Credit, Ontario Seniors' Public Transit Tax Credit, etc.

Toll free 1-866-668-8297

www.ontario.ca/page/ministry-finance

For a complete summary of benefits available to you, consult the Provincial Benefits Finder

<https://www.ontario.ca/page/find-benefits-and-programs>

For more information regarding Government pensions, benefits and services, go to

www.benefitsfinder.gc.ca

Alternatively, reach out to the office of your local MPP or MP for assistance.

Home Renovation Savings Program

This program offers rebates for home energy upgrades. Rebates may be applied to energy efficient appliances, heat pumps, improved insulation, etc.

www.homerenovationsavings.ca

Toll free 1-888-770-3148

Low Income Energy Assistance Program (LEAP)

If you're behind on your electricity or natural gas bill and face having your service disconnected, you may qualify for emergency financial help through this program. Call 211

www.oeb.ca/consumer-information-and-protection

Ontario Electricity Support Program

Reduces electricity bills for low income households. For eligibility and more information, visit

www.ontarioelectricitysupport.ca

Ontario Energy Affordability Program

This fully funded home energy retrofit program is available to income-eligible Ontarians.

www.saveonenergy.ca

Using the Value of Your Home

A line of credit or reverse mortgage allows you to convert some or all of the value of the home into cash while remaining in your home. Costs are associated with these options.

It is very important to consult a financial expert before making any decisions about a line of credit or reverse mortgage.

For more information on the options available to you, contact the Financial Consumer Agency of Canada. Visit www.fcac-acfc.gc.ca

Home Renting/Basement Apartments

Sharing your home or renting a portion of it can provide extra income.

Improve Home Accessibility

Renovating your own home to meet your current and future needs can help you maintain your independence as you grow older. Some options to consider include:

- installing grab bars in the washroom;
- altering the shower or bathtub;
- installing hand railings or a stair lift;
- modifying kitchen cupboards; and
- relocating a bedroom to the main floor.

See Appendix B on page 29 for Personal In-Home Safety and Accessibility Tips

Links2Care provides support with home maintenance and minor repairs.

Burlington, Milton
and Oakville 905-844-0252
Halton Hills..... 905-873-6502

www.links2care.ca

Home Accessibility Repair Program (HARP)

HARP provides financial assistance to eligible Halton homeowners in the form of a combined grant and forgivable loan, up to a maximum of \$15,000.

Call 311

Resources

Canada Mortgage and Housing Corporation

Maintaining Seniors Independence Through Home Adaptations – Self-Assessment. A large-print guide to adapting living spaces to better suit personal challenges.

Toll free 1-800-668-2642
www.cmhc-schl.gc.ca

Municipal Property Assessment Corporation (MPAC)

Administered by MPAC, The Seniors and Persons with a Disability Property Tax Exemption provides financial relief on a portion of a property's value if improvements were made to a residential home to accommodate a senior (aged 65 or older) or a person with a disability. This may include renovations or modifications made to an existing residential home, construction of a custom-built home, or use of a temporary garden suite. The value of the alteration or addition is exempt from property taxation.

Toll Free..... 1 866 296-6722
[www.mpac.ca/en/
MakingChangesUpdates](http://www.mpac.ca/en/MakingChangesUpdates)

Veterans Affairs Canada

Provides many programs (financial assistance for home modifications, grounds maintenance and housekeeping).

Toll free 1-866-522-2122
www.vac-acc.gc.ca

March of Dimes Canada

The Home & Vehicle Modification® Program provides funding for basic home and vehicle modifications to enable children and adults with mobility-restrictive disabilities to continue living safely in their homes

Toll free 1-877-369-4867
www.marchofdimes.ca

For information on accessibility options consult the “Assistive Devices” and “Mobility Scooter Safety Tips” Fast Fact brochures.

To request your copy, call 311 or visit www.halton.ca

New Approaches to Shared Living



Co-Housing

Co-housing is a housing option where two to six people plan and customize their housing based on their needs.

Residents own their own housing unit but share common spaces such as kitchen, dining, recreational facilities and garden area.

This co-living arrangement allows for mutual support, shared resources and workloads. Shared resources could include a caregiver, cook or driver on an “as needed basis”. All costs are shared equally.

These co-housing communities can be designed for physical accessibility as well as financial, environmental and social sustainability. Large, shared common facilities and individually-owned small dwellings preserve privacy while valuing community.

Resources

Canadian Cohousing Network
www.cohousing.ca

Cohousing Options Canada
www.cohousingoptions.ca

Senior Women Living Together
www.swlt.ca

Garden Suite

A garden suite is a structure installed in the backyard of an existing home owned by the garden suite resident’s family member. It allows an individual to live independently and remain close to family for mutual assistance. Check with your Local Municipality for building zoning and transferability requirements.

Resources

**Canadian Homebuilders Association
– Modular Construction Council**

This organization supports the increasing role of factory built, modular homes.

..... 613-230-3060, ext. 240
www.chba.ca/about-modular

Additional Residential Units (ARU)



Additional Residential Units (also referred to as Additional Dwelling Units) are self-contained living units with their own kitchen, bathroom and sleeping areas. They are located on the same property as a primary home. An eligible primary home can be a single detached home, semi-detached home or a townhouse. An ARU can be inside or attached to a primary home, or in a separate accessory building like a detached garage or a garden home.

Each municipality in Halton Region has by laws to permit the addition of ARU's to a primary home. Check with your local municipality for assistance.

City of Burlington 905-335-7750

www.burlington.ca

Town of Halton Hills 905-873-2601

www.haltonhills.ca

Town of Milton 905-864-4142

www.milton.ca

Town of Oakville..... 905-338-4222

www.oakville.ca

Alternative Housing Options



Life Lease Housing

Life lease housing is usually owned and managed by non-profit community-based groups. Residents (often those aged 65 and older) pay for the right to occupy a unit by purchasing a lease with an upfront payment and pay a monthly maintenance fee. Unlike renting, the lease is for a set number of years or for life. When the resident moves out, the lease is sold at fair market value (less a fee) to another older adult through the life lease corporation.

How To Apply

You must apply to the individual life lease building or corporation. Each corporation may have their own regulations for their buildings.

Considerations

- Life lease housing developments may be in the form of individual houses, high rises, low rises or row housing.
- Maintenance fees will be applied and property taxes are charged by the municipality.
- You can socialize and find new companions in these arrangements.

- You can be close to family, friends, local amenities and services.
- Private services can also be purchased.
- Life lease housing is unregulated.

Getting a Mortgage

Loans may be available, but they may be different from a mortgage because the life lease holder does not own the property. In some cases, lenders may require that the life lease interest be registered on the title of the life lease property.

The Gardens by Marantha
3290 New St., Burlington
..... 905-581-6154

The Gallery at Bennett Village
200 Halton Hills Dr., Georgetown
Sales 905-702-1247
Office 905-877-8600

The Marian Courtyard Seniors Residence
137 Martin St., Milton 905-878-1951

Woodside Mews
290 Woodside Dr., Oakville
..... 905-842-5095

Purchased Condominiums

Purchased condominiums are dwellings (bungalows, apartments, and townhouses) purchased from private housing providers. Unlike life leases, you own your unit and share common spaces, and you are responsible for selling the unit when you move. Types of buildings and services may vary from site to site. You also have an opportunity to be involved in the governance of the property by participating on the condominium board of directors

How To Apply

For condominiums throughout Halton, check with your local real estate office. Look for a Seniors Real Estate Specialist (SRES designation) as they will be more familiar with options that better suit your needs.

Considerations

- Since you own your condo, the property may increase (or decrease) in value over time.
- Many condo residences offer enhanced accessibility. (ground level entrance, elevators, wider doorways, etc.)
- Monthly condominium fees will apply and often annual increases will apply.
- You can socialize and find new companions in these arrangements.

- Governed by the Condominium Act 1998 (updated December 2025)

Where In Halton?

Condominiums are located throughout Halton and can be found and purchased through the owner or a real estate agent. The one listed below is specifically designed for seniors and offers services as well.

Condominiums for Older Adults

Hearthstone by the Lake
100 Burloak Dr., Burlington
..... 905-333-9194

Resources

Canada Mortgage and Housing Corporation

CHHC offers a variety of free publications including the Condominium Buyer’s Guide.

Toll free 1-800-668-2642
www.cmhc.ca (Search – Buying a condo)

Condominium Authority of Ontario

COA offers many guides and resources helpful for first time buyers and condo residents. Be sure to consult the COA Ontario Condo Buyers Guide before purchasing or renting a condo (preconstruction or resale).

www.condoauthorityontario.ca

Government of Ontario

Learn about your rights and responsibilities as a condominium owner.
www.ontario.ca/page/owning-a-condo



Retirement Villages

(Adult Lifestyle Communities)

A retirement community is a housing complex designed for older adults who are generally able to care for themselves. However, assistance from home care agencies is provided in some communities, and activities and socialization opportunities are often provided. A management company may maintain the grounds and provide repair services

How To Apply

There are no special eligibility requirements. Apply to individual housing sites to become a tenant.

Considerations

- Some communities may feature enhanced safety and security.
- Many include property maintenance.
- Services available to support independent living for older adults may vary.
- Offers opportunities to increase social connections.
- Helps you to maintain your independence while living close to family, friends, and local amenities and

services.

Where In Halton?

Although there are no true retirement villages in Halton, the complexes listed here offer a variety of housing and services for older adults in one central area.

Barber Glen Community (bungalows for older adults)

Georgetown South call real estate agents for information.

Village of Walkers Green, Heritage Walk (rental bungalows) and Heritage Place (retirement residence)

4151 Kilmer Dr., Burlington

..... 905-315-2500

Burlington Gardens Retirement Residence (bungalows, apartments and retirement residence)

300 Plains Rd. W., Burlington

..... 905-521-0888

Rental Units



Halton Housing Help

Halton Housing Help connects you to housing supports. Working in collaboration with community partners, Halton Housing Help supports individuals to access and maintain safe and affordable housing.

- Supports renters and landlords by providing information, referrals and access points to housing programs and resources in the community.
- Central access point to housing supports and services in Halton.

Services Include:

- A telephone support to answer general questions about housing resources in Halton (call 311).
- One-to-one support to help individuals and older adults who require more intensive support to meet their housing needs. Call 311 to book an appointment.
- Online resources through the Halton Housing Help web pages that link to various housing supports in Halton including rental listings.
- Visit www.halton.ca

There are different types of rental units available in Halton, for example:

- **Regular apartments** in privately owned multi-unit buildings.
- **Accessory apartments** in private homes.
- **Seniors apartment** buildings, exclusively for seniors.
- **Co-op** units (see page 12).

Cost of Renting In Halton

When you are looking for a rental unit, the cost will depend on what type of rent is assigned to the unit. There are three main types of rent: assisted, affordable and market rent.

Assisted Housing Rent

This is rent that is subsidized by a government program. There are two types:

1. Rent-geared-to-income (RGI):

A type of assisted housing subsidy. Rent is based on 30 per cent of your gross monthly household income (income before tax is deducted).

2. Portable Housing Benefits:

Eligible Halton residents referred from the Halton Access to Community Housing (HATCH) wait list receive a housing allowance directly. Portable Housing Benefit funding is determined by your current rent and amount of total household income. Funding is similar to the amount provided through regular rent-geared-to-income (RGI) housing assistance. Funding is portable and follows you anywhere you rent in Halton.

Halton Access to Community Housing (HATCH)

HATCH is the centralized waitlist for RGI housing in Halton. For more information or to apply to the waitlist, call 311 to speak with a representative or visit www.halton.ca

To be eligible for RGI seniors housing through HATCH, all members of the household must:

- be able to live independently;
- be a Canadian citizen or a Permanent Resident; or have made an application for permanent residency, sponsorship or refugee protection under the *Immigration and Refugee Protection Act (Canada)* and have not been issued a removal order that has become enforceable;
- not owe money to another RGI housing provider in the Province of Ontario; and
- be 65 years old (or older) or 60 to 64 years old and require support services (a senior who does not require support services may apply at age 60 but will not be offered housing until 65 years of age).

Some housing sites are not part of HATCH and must be accessed directly. These sites may also have different housing eligibility requirements.

Affordable Rent

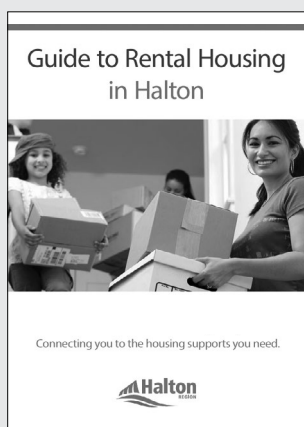
Some private and non-profit providers receive funding from the federal or provincial governments to offer a set number of rental units at reduced rents, capped at 80% of the average market rent, as determined by Canada Mortgage and Housing Corporation (CMHC) data.

Considerations for Assisted and Affordable Housing Units

- Rent may change when your income changes.
- Wait lists vary depending on services required and building preferences.
- Call 311 for more information.

Guide to Rental Housing in Halton

Provides information that can assist in the search for safe and affordable housing including a Housing Search Checklist. For more information, please visit haltonrentconnect.ca



Market Rent

This is full price rent as found in private buildings, accessory apartments and in some of the units in social housing buildings. Rental fees are not subsidized by the government.

How To Apply

Apply directly to individual buildings, apartments or condominium owners.

Where In Halton?

Look in local newspapers for privately owned buildings catering to residents of all ages or for accessory apartments. Real estate agencies may also have information about rental units.

Considerations

- Market rents vary from location to location.
- To rent might require signing a 12-month rental agreement.
- Helps to maintain your independence and you can be close to family, friends, local amenities and services.
- Governed by the Residential Tenancies Act 2006 (updated Nov 2025)

Rental Units

The following units offer affordable or subsidized rent to older adults.

How To Apply

There are three ways to apply for a rental unit:

- Option one: Call the building for a market rent or affordable rental unit.
- Option two: Call the building owner for a subsidized rental unit for buildings that do not participate in the centralized waitlist kept by Halton Access to Community Housing (HATCH).
- Option three: Call HATCH at 311 for a subsidized rent unit (RGI).

More information on HATCH can be found on page 12.

Burlington

Aldershot Village Residence
540 Plains Rd. E.
Call 311 for housing

Bonnie Place I
500 Claridge Rd.
For subsidized rent (RGI)
call 905-634-0046

Bonnie Place II
500 Claridge Rd.
For market rent/affordable rent
call 905-634-0046

Longmoor
41 Longmoor Dr.
Call 311 for housing

Palmer Place
3097 Palmer Dr.
Call 311 for HATCH
For market rent call 905-319-2626

Pinedale
5250 Pinedale Ave.
Call 311 for housing

St. Luke's Close of Burlington
1421 Elgin St.
Call 311 for HATCH
For market rent call 905-681-7113

Walkers Landing
513 Walkers Line
Call 311 for housing

Wellington Terrace
410 John St.
Call 311 for housing

Westwood II
984 Falcon Ave.
Call 311 for housing

Woodward Park
2424 Woodward Ave.
Call 311 for housing

Halton Hills

Braeside Seniors Residence
46 Holmesway Pl., Acton
Call 311 for housing

Cote Terrace
171 Main St. S., Georgetown
Call 311 for housing
Additional support services available
for a subsidized fee.

John Armstrong Terrace
8 Durham St., Georgetown
Call 311 for housing

Kin Court
3 Hyde Park Dr., Georgetown
Call 311 for housing

Lakeview Villa
17 Elizabeth Dr., Acton
Call 311 for housing

Sargent Court
11 Sargent Rd., Georgetown
Call 311 for housing

Residences of St. Andrews
220 Sinclair Ave., Georgetown

Call 311 for HATCH
For market rent/affordable rent call
905-527-0221

Milton

Bruce Apartments
40 Ontario St.
Call 311 for housing

Martin House Seniors Residence
189 Ontario St. S.
Call 311 for housing

Oakville

John R. Rhodes Residence
271 Kerr St.
Call 311 for housing

Knox Heritage Place
2191 Sixth Line
Call 311 for HATCH
For market rent call 905-849-0389

Oakville Senior Citizens Residence
OSCR
2220-2222 Lakeshore Rd. W.
Call 311 for HATCH
Additional support services available
for a subsidized fee.

Rotary Gardens
1285 Sedgewick Dr.
Call 311 for housing

Co-Operative Housing

Co-operative housing communities are a form of non-profit affordable housing that offer a mix of **market-rate** and **geared-to-income** units. Residents are “members” rather than tenants, each with the right to participate in and vote on matters related to the running of their community.

As a co-op member, you can live in your home for as long as you wish if you follow the rules of the co-op and pay your housing charge (rent).

How To Apply

In Halton, rent-geared-to-income (RGI) units are available through the Halton Access to Community Housing (HATCH). Some co-ops offer their own RGI units.

To access RGI units provided through HATCH call 311. More information on HATCH can be found on page 12.

For co-ops not linked to HATCH please contact them directly to apply.

Burlington

*Applemead Co-op
3000 Driftwood Dr. 905-332-1919

*Cavendish Co-op
2118 Pear Tree Ln. 905-335-0280

*Don Quixote Co-op
1315 Maple Crossing Blvd.
Call 311

*Nelson Co-op
1026 Glendor Ave.
Call 311

Stoa Co-op
456 Brock Ave.
Call 311

*Wellington Square Co-op
205 Plains Rd. W. 905-529-7212
Call 311

Halton Hills

*Cobblehill Homes Co-op
53 Cook St., Acton
Call 311

*Morley Mills Co-op
7 Pine Valley Trail, Georgetown
..... 905-873-7295

Oakville

Birch Glen Co-op
1160 Dorval Dr.
Call 311

*Chautauqua Co-op
2280 Munn's Ave. 905-842-1106

Glen Oaks Co-op
1180 Dorval Dr.
Call 311

*Mariposa Co-op
1150 Gable Dr.
Call 311

Roedean Co-op
350 Kerr St. 905-842-8901

*Trafalgar Co-op
1169 Maidstone Cres. 905-827-8729

*Does not offer one bedroom units

Housing With Care Services



Assisted Living/ Supportive Housing/ Supports for Daily Living (SDL)

- **Assisted Living** programs are located in Burlington.
- **Supportive Housing** services are offered in Halton Hills.
- **Supports for Daily Living** programs are located in Milton and Oakville.

These programs provide older adults and adults with disabilities living in designated buildings with personal support services, so they can continue living in their homes and direct their care needs.

Support services and eligibility vary from program to program. Services may include assistance with personal care such as bathing, toileting, dressing, eating, transferring, positioning and medications and may include homemaking services such as light meal prep, light housekeeping and laundry.

Services are available to eligible older adults who live in a designated building. Services are provided daily at multiple scheduled visits throughout the day according to the individual needs and a customized care plan.

If you do not live in one of the designated buildings listed on the following page and need supports in your home, contact your Ontario Health atHome to request an eligibility review and determine what services may be available to you.

Call..... 833 515-1234
www.ontariohealthathome.ca

How To Apply

Eligibility criteria, application process and waitlists vary from program to program.

For more information about the Assisted Living/Supports for Daily Living programs, contact service providers at the phone numbers listed below.

To apply for housing contact HATCH by calling 311.

(More information on HATCH can be found on page 12)

Burlington

Aldershot Village Residence
540 Plains Rd. E.

To apply for a unit call Burlington
Ontario Health Team
Toll free 1-800-810-0000

Carey House
1401 Ontario St.
Capability Support Services
..... 905-681-2682

Palmer Place
3097 Palmer Dr.
Call AbleLiving 905-335-3166

Westwood II
982 Falcon Blvd.
To apply for housing, call 311
Residents call Burlington Ontario
Health Team
Toll free 1-800-810-0000

Bonnie Place
500 Claridge Rd.
To apply for housing, call 311
Building residents call Burlington
Ontario Health Team
Toll free 1-800-810-0000

Wellington Terrace
410 John St.
To apply for housing, call 311
Building residents call Burlington
Ontario Health Team
Toll free 1-800-810-0000

Halton Hills

Christie Oaks Care Home
128 Cobblehill Rd., Acton
..... 519-929-9494

John Armstrong Terrace
8 Durham St., Georgetown
..... 905-873-8765
To apply for housing, call 311.

Lakeview Villa
17 Elizabeth Dr., Acton... 519-853-9916

Milton

Bruce Apartments
40 Ontario St.
To apply call Central Registry
..... 905-281-4443
For more information, call 311

Martin House
189 Ontario St.
To apply for housing, call 311
Residents call Central Registry
..... 905-281-4443

Oakville

Oakville Senior Citizens Residence
2220-2222 Lakeshore Rd. W.
To apply call Central Registry
..... 905-281-4443
For more information contact
..... 905-827-4139

John R. Rhodes Seniors Residence
271 Kerr St.
To apply for housing, call 311
To apply call Central Registry
..... 905-281-4443

Jean and Howard Caine Apartments
259 Robinson St.
March of Dimes 905-607-3463
..... 1-800-263-3463

Retirement Residences

Retirement residences serve older adults who may need or want help with daily living activities. They are usually privately owned and provide fee-based specialty accommodation, meals and communal programming, along with 24-hour supervision and a range of personal assistance services.

Each residence may have different eligibility requirements for applicants based on which services are available at the location. Some of the homes provide overnight or short stay respite care for older adults when they are transitioning from a hospital or when their main caregiver is unavailable.

Ontario retirement homes are governed by the Retirement Homes Act 2010 (updated June 2024). This legislation dictates strict licensing, safety, and operational standards that are enforced by the Retirement Homes Regulatory Authority
..... 855-275-7472
www.rhra.ca

The Ontario Retirement Communities Association (ORCA)

ORCA can provide information on Ontario Retirement Homes and hosts a “Find a Home Tool” database on its website. ORCA also has created a helpful “Home Tour Checklist”
..... 888-263-5556
www.orcaretirement.com

The Retirement Homes Regulatory Authority (RHRA) licenses all retirement residences. To understand licensing requirements and current licensing status contact the RHRA. Their website also hosts “The Retirement Home Database” - a database that provides a comprehensive history of each retirement home’s safety track record for all 750+ licensed retirement homes across Ontario

Toll free 1-855-275-7472
www.rhra.ca

How To Apply

Applications must be made to the individual retirement home.

Considerations

- Usually privately owned.
- Not subsidized.
- Governed by the Residential Tenancies Act 2006.
- All retirement homes are regulated under Ontario's Retirement Homes Act, 2010, and licensed and inspected by the RHRA.
- Services vary and residences may offer a range of services from meals to 24-hour nursing supervision.
- Usually requires a 12-month lease but respite or short-term stay options may be available.
- Fees for rent and services may vary and increase over time (with notice).
- Rent increases are regulated by the provincial government.
- Fees for services are not regulated and can increase at any time at the discretion of the organization.
- May include laundry, recreation, housekeeping, medical and administrative services.
- You can take your own furnishings and personal supplies.
- Retirement residences often require a medical assessment before accepting a resident.

- Qualifying residents may be able to access Ontario Health atHome Support Services in their retirement residence (see page 3 for more information).

Burlington

Appleby Place
500 Appleby Line 905-333-1611

Burlington Gardens
300 Plains Rd. W..... 905-521-0888

Chartwell Christopher Terrace
Retirement Residences
3131 New St. 905-632-5072

Heritage Place
Retirement Home
(Village of Walkers Green)
1431 Tobyn Dr. 905-315-2500

Chartwell Lakeshore Retirement
Residence
5314 Lakeshore Rd. 905-333-0009

LaSalle Park Retirement Community
18 Plains Rd. W. 905-527-9300

Chartwell Martha's Landing
2109 Lakeshore Rd. 905-637-7757

Park Avenue Manor
924 Park Ave. W. 905-333-3323

Pearl and Pine
390 Pearl St. 905-633-8300

Sunrise of Burlington Senior Living
5401 Lakeshore Rd. 905-333-9969

The Williamsburg Retirement Living
1893 Appleby Line 905-335-1121

Burlington

Village of Tansley Woods Retirement
Residence
4100 Upper Middle Rd.
..... 905-336-9904

Hearthstone by the Lake
100 Burloak Dr. 905-333-9194

Halton Hills

Mountainview Residence & Terrace
222 Mountainview Rd. N., Georgetown
..... 905-877-1800

Amica Georgetown
224 Maple Ave., Georgetown
..... 905-702-1247

Edgewater Senior Living
11 John St., Georgetown
..... 905-877-6111

Milton

Venvi Birkdale Place
611 Farmstead Dr. 289-210-9897
For tours call..... 289-670-2054

Martindale Gardens
45 Martin St. 905-693-8592

Seasons Retirement Community
760 Bronte St. S. 905-864-6888

Oakville

Amica at Bronte Harbour
160 Bronte Rd. 905-842-8167

Amica Bronte Village
2380 Lakeshore Rd. West.
..... 365-360-0991

Amica Glen Abbey
2330 Khalsa Gate..... 905-469-3111

VIVA Oakville Retirement Community
1 Sixteen Mile Dr. 289-725-6000

Venvi Churchill Place
345 Church St. 289-816-4479
For tours call..... 289-276-7869

Chartwell Oakville
180 Oak Park Ave Blvd. 289-644-2960

Chartwell Waterford
2160 Baronwood Dr. 289-644-2951

Delmanor Glen Abbey
1459 Nottinghill Gate 905-469-3232

Oakville Estates Retirement Residence
300 Hospital Gate 905-464-0807

Venvi The Kensington
25 Lakeshore Rd. W. 289-514-2545
For tours call..... 365-604-5028

Palermo Village Retirement Residence
3136 Dundas St. W. 905-582-0395

Livita Queens Avenue
Retirement Residence
1056 Queens Ave. 647-930-5713
For tours call..... 647-260-0765

Sunrise of Oakville 456 Trafalgar Rd.
..... 905-337-1145
For tours call..... 705-813-8542

Amenida Trafalgar Lodge
299 Randall St. 905-842-8408
For tours call..... 416-221-3335

Vistamere
380 Sherin Dr. 905-847-1413
For tours call..... 416-221-3335

Long-Term Care Homes

Long-term care (LTC) homes are for those who can no longer live independently in the community but need personal and nursing care. They may also need assistance with daily living as a result of physical limitations, cognitive deficits or behavioural conditions.

Long-term care homes may be private, non-profit or government owned.

Making the decision to move into a LTC home is a life-changing step for you and your family. It is important that you have accurate information to help you

choose the home that is right for you. There are many things to consider, including the level of care you require, location, availability and cost.

How To Apply

1. Begin by contacting Ontario Health atHome. A care coordinator will:

- Determine eligibility.
- Determine your placement priority factor which will impact your wait time.
- Tell you about homes in your area.
- Tell you about costs.
- Help you to apply.

Toll free 1-833-515-1234

2. Choose your preferred long-term care homes:

- Visit the LTC homes you are interested in before completing the application process.
- Prepare questions to ask before your visit.
- Read the Ministry of Long-Term Care's report about each

3. Submitting your Application:

- Once your Ontario Health atHome Care Coordinator has determined your eligibility, you can apply to a maximum of five homes in order of preference. Each location will have a different wait time. Therefore, the homes you chose may impact your waiting time.

4. Wait for an offer:

- If your application is accepted by the homes you have selected, you will need to wait until a bed becomes available. Factors impacting wait time include:
 - Placement priority
 - The number of beds that become available each month.
 - If you have requested a private, semi-private or basic room.

Resources

AdvantAge Ontario

For more information, contact

AdvantAge Ontario 905-851-8821

www.advantageontario.ca

Considerations

- LTC services include 24-hour nursing supervision, assistance with eating, dressing, bathing, toileting, walking, occupational therapy and physiotherapy, as well as regular and emergency medical care.
- The resident and the Ministry of Health and Long-Term Care
- (MOHLTC) share the cost of care. Rates are set by the MOHLTC and are the same throughout Ontario.
- If you don't have enough income to pay for the basic room, you may be eligible for a subsidy. (A subsidy is not available to people requesting a semi-private or private room).
- The care received in all types of rooms is the same.
- Respite or short-term stay options may be available.
- Limited personal furnishings and belongings are allowed

LTC Complaint Process

By law, all long-term care homes in Ontario must have a formal complaints process. If you are not satisfied with the response then you can contact the Long-Term Care Family Support and Action Line at [1-866-434-0144](tel:1-866-434-0144) (toll free).

The hours of operation are 8:30 a.m.–7:00 p.m., 7 days a week.

Burlington

- Billings Court Manor
3700 Billings Ct. 905-333-4006
- Chartwell Brant Centre LTC
1182 North Shore Blvd. E.
..... 905-639-2848
- Extendicare Burloak Long-Term
Care Centre
5959 New St. 905-639-6389
- Cama Woodlands Nursing
Home 159 Panin Rd. 905-681-6441
- Creek Way Village (Halton Region)
5200 Corporate Dr.
Call 311
..... 905-825-6000
- Hampton Terrace Care Centre
75 Plains Rd. W. 905-631-0700
- Maple Villa Long Term Care Centre
441 Maple Ave. 905-639-2264
- The Village of Tansley Woods
4100 Upper Middle Rd.
..... 905-336-9904
- Wellington Park Care Centre
802 Hagar Ave. 905-637-3481

Halton Hills

- Bennett Health Care Centre
1 Princess Dr., Georgetown
..... 905-873-0115
- Extendicare Halton Hills
9 Lindsay Ct., Georgetown
..... 905-702-8760

Milton

Allendale (Halton Region)

185 Ontario St. S.

Call 311

May have respite beds available

The Village of Ridgeview Court

545 Dymott Ave. 289-670-7100

Oakville

Extendicare Northridge

Long-Term Care Centre

496 Postridge Dr. 905-257-9882

Post Inn Village (Halton Region)

203 Georgian Dr.

Call 311

..... 905-825-6000

AgeCare Glen Oaks

2140 Baronwood Dr. 905-827-2405

Extendicare West Oak Village

2370 Third Line..... 905-469-3294

Extendicare Wyndham Manor

291 Reynolds St. 905-849-7766

Specialized Housing

Housing that provides support for individuals with specific needs to manage a mental illness or addiction.

How to apply

Apply to each individual program.

Summit Housing and Outreach Programs

Supportive housing for individuals with a diagnosed serious mental illness.

Milton..... 905-876-3957

Oakville 905-847-3206

www.summithousing.ca

Community Living Burlington

Provides residential support to adults with developmental disabilities

..... 1-888-941-1121

www.clburlington.ca

Community Living Oakville

Provides residential support to adults with developmental disabilities.

..... 905-844-0146

www.oakcl.org

Community Living North Halton

Provides residential support to adults with developmental disabilities.

Toll free 888-941-1121

..... 905-878-2337

www.clnh.on.ca

Support House

Offers different housing options for those with mental health issues or addictions.

..... 1-833-845-9355

www.supporthouse.ca

Independent Living Halton

Deborah's Home is a five-bedroom, fully wheelchair accessible home for those aged 16 and older requiring around-the-clock personal and homemaker care.

Milton..... 905-878-6722

www.independentlivinghalton.ca

Capability Thrive Group

Carey House is located in Burlington and offers 24-hour attendant care to 10 individuals with physical disabilities in a congregate residential setting.
..... 289-408-8000
www.capabilitysupport.ca

Housing With Related Supports

Housing that provides meals and assistance with daily living activities for adults living with severe and chronic mental illnesses or cognitive difficulties and impairments.

How To Apply

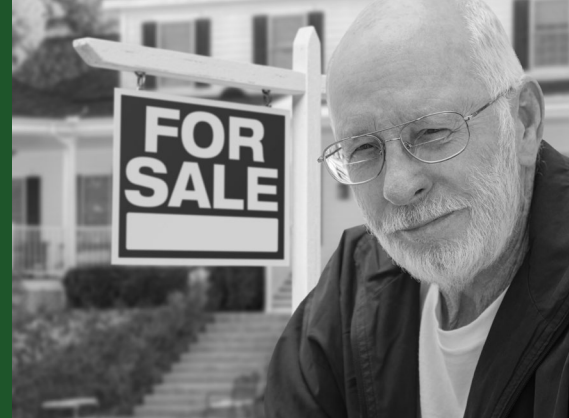
Please call 311 from within Halton for information on the application process.

Bethany Residence
2387 Industrial St., Burlington
..... 905-335-3463

Millhouse Resthomes
34 Mill St. W., Acton 519-853-5306
14022 Churchill Rd. N., Acton
..... 519-853-9773
www.millhouseresthome.ca

Parkside Rest Home
58 Main St. N., Acton..... 519-853-0148

Appendix A: Is It Time To Move or Make a Change?



The decision to move or change your living arrangements—at any stage of life—is a big one. You want to make sure that any new housing options will meet your personal needs. Renovating your current home may be another option to consider.

If you find a different housing option that you would like to consider,

compare it with your current living situation to help you make an informed decision. Use the chart below to help you decide if you should stay where you are currently living (possibly with renovations) or pursue another option. You may want to add your own unique living requirements to your assessment, such as suitability, pets, and so on.

Considerations	Current situation	Future option
Accessibility		
Can you get in and out of the home easily?		
Are there areas in the home that are difficult for you to move around in? (basement laundry room)		
Can you move easily in and out of the bathroom?		
Could you easily renovate the home to improve accessibility?		
Can friends and family visit easily? Consider access to the building and parking spots..		
Transportation		
Is public transit easy for you to access?		
Is there a bus shelter with seating nearby?		

Considerations	Current situation	Future option
Is door-to-door transportation available in the community for those with physical limitations?		
Affordability		
What is the cost of renovating your home versus moving to a new location? Which option is best?		
What is the cost of keeping your home, including utilities, taxes, insurance, transportation, and a mortgage? How does this compare with other options (for example, apartment, retirement home, smaller home)? Which location is more affordable at this time?		
What option do you think will be more affordable in the future?		
Neighbourhood safety and security		
Do you feel safe in your current home/neighbourhood? Would you feel safe in a new home/neighbourhood?		
Do you feel comfortable and safe walking in the neighbourhood? Consider traffic, sidewalk conditions, curbs and hills.		
Are the streets well lit at night?		
Are there benches and other places to sit throughout the neighbourhood or shopping district?		
Are there sidewalks throughout the community?		
If the community has sidewalks, are the curbs sloped?		
Do the traffic lights or walk signals give you enough time to cross the streets safely?		
Is there a mailbox within walking distance?		

Considerations	Current situation	Future option
Is the post office/service outlet accessible?		
Is the location suitable for pets?		
Personal services		
Are the services that you need now or possibly in the future, available? For example: • help with cleaning or chores such as snow removal, lawn mowing • support with medications • help with meals • personal support (help with bathing or dressing) • hair dresser/barber		
Are the services you need affordable?		
Are doctors, dentists and other medical professionals (such as specialists) available in the area? If not, would you be able to travel to medical appointments with your current doctor(s) or dentist?		
Shopping		
Can you easily get your groceries, medication, clothes and other necessities? Is home delivery offered in the community?		
Can you shop and run errands during bad weather?		
Are you able to get to your bank (home branch)? Are there other branches of your bank close to your future location?		
Socializing		
Is the location close to family, friends, restaurants, places of worship, libraries or other social opportunities?		
Are you close to someone who can help you when you cannot shop, run errands or have an emergency?		

Appendix B: Important Tips To Make Your Living Space Safe



Floors and Hallways

- Remove all loose mats or ensure they are firmly secured with a non-slip underlay.
- Arrange furniture to provide easy access to rooms, entrances and exits.
- Keep electrical cords out of traffic area. Consider running them behind furniture where possible.
- Place any pet beds away from house traffic.
- Use a bell on your pet's collar so that you'll always know when they're coming near you.

Lighting

- Make sure you can easily switch on a light from your bed.
- Use good lighting where you keep your medication.
- Ensure your lights are bright enough for you to see clearly, especially along stairs and steps.
- Keep the bathroom light on at night to help you find your way.
- Nightlights (motion-activated) are an inexpensive way to provide light to dark hallways.





Stairs and Steps

- Move the laundry upstairs to eliminate using the stairs.
- Stairs may need extra lighting – lights that turn on automatically when they detect motion are recommended.
- Handrails on both sides of your staircase are preferable. Ensure handrails extend the full length of the staircase.
- Paint edges of steps white or yellow to see them better or apply contrasting non-slip adhesive to edges of the steps.

Kitchen

- Clean up spills when they happen, so you don't accidentally step in them and slip.
- Wear rubber soled shoes in your kitchen to prevent slips and falls.
- Arrange your kitchen so the most frequently used items, such as the microwave, is easy to reach. It is recommended to be above the hip and below eye level.
- Put lighter items higher and heavier items in lower cupboards.
- Under-the-counter slide-out drawers (or rotating shelves) are easier to access than fixed shelves.



Bathroom

- Store your shampoo and soaps so they are easy to reach to reduce bending and twisting.
- Have a licensed contractor install proper grab bars (towel racks are not meant to handle human weight).
- Add a shower chair to help prevent falls while showering and drying.
- Put non-slip adhesives on your bathtub floor.
- Consider a walk-in shower or tub (or further renovations if you use a wheelchair).
- Consider installing a raised toilet seat. You can get one from your nearest home improvement store.
- Ensure electrical receptacles use ground fault protection.



Living Room and Bedroom

- Consider using chairs with handles, less cushioning and more height to ensure that transfers are safer and easier. Dining room chairs often work well. Electric lift chairs are also a good option.
- Place your phone near the bed and living room chair so it can be easily answered.
- Consider getting a bed rail to help you get in and out of a low or soft bed.
- Check the layout of your furniture for easy movement with wheelchairs and walkers.
- Add nightlights (motion-activated) to provide light for moving around at night.

Outside Your Home

- Ensure walkways have adequate lighting.
- Beware of uneven surfaces and repair them quickly.
- Consider installing a railing on outdoor steps.
- Motion detecting lights help prevent falls and discourage strangers from approaching your house.
- Apply non-slip adhesive tread to steps or paint edges of steps in yellow or white to make them easier to see.
- Keep pathways and stairs clear of tools and other items.



Resources

Fall prevention

www.halton.ca

ConnectCARE - Halton Healthcare Services and Joseph Brant Hospital

Toll free 1-800-665-7853

www.connectcarehalton.ca

Fisher Centre for Alzheimer's Research Foundation

www.alzinfo.org

Canada Mortgage and Housing Corporation

(CMHC) offers a number of helpful guides, including:

- **Maintaining Seniors Independence Through Home Adaptations Self-Assessment Guide:** Learn about the types of home adaptations that suit you.
- **Preventing Falls on Stairs:** Can help you reduce the risk of falls and injuries on stairs

Toll free 1-866-389-1742

TTY..... 1-800-309-3388

www.cmhc-schl.gc.ca

OAAC Publications

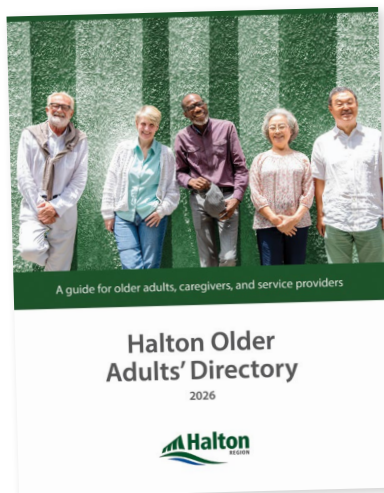


The Older Adult Advisory Committee for Halton Region has created a variety of resources that provide helpful information on a wide range of topics.

To receive your copy of any of this information Call 311 or
Go to [halton.ca](https://www.halton.ca)

Older Adult Directory

A booklet highlighting community resources and supports for Older Adults. Some of the areas covered include Government services, Healthcare, Education, Newcomer Resources, Recreation, Tax planning and more.



Fast Facts

Helpful leaflets that provide information on a select topic.

- [Assistive Devices](#)
- [Coverage of Drug Costs](#)
- [For Ontario Drivers Age 65+](#)
- [Government Income Sources for Older Adults](#)
- [Information for Caregivers](#)
- [Mobility Scooter Safety Tips](#)
- [Safe Driving for Older Adults](#)
- [Storing Food Safely](#)
- [Public Transportation Choices for Older Adults](#)
- [Who to Inform When a Death Occurs](#)
- [Wills/Power of Attorney](#)

