

Halton Region is home to a mix of sports and recreational pursuits along with rural experiences, shopping ventures and cultural events. We offer a variety of activities in our urban and rural areas.

Major Attractions in Proximity¹

- 8** Conservation parks, www.conservationhalton.ca/parks
- 25** Kilometres of picturesque waterfront, a 35 hectare lake, 1.8 acre swimming pool and 10 meter waterfall among much more
- 30+** Golf courses including Glen Abbey Golf Club and Blue Spring Golf Centre

- Hike and bike in conservation areas
- Take in the stunning Niagara Escarpment
- Ski and snowboard at Glen Eden
- Relax by the waterfront
- Experience the thrill of skydiving at iFly
- Feel the rush at Mohawk Raceway
- Spend the day golfing
- Find bargains at Toronto Premium Outlets
- Explore Halton Region while cycling
- Drop into the Velodrome
- Visit the Royal Botanical Gardens

Festivals¹

To learn more, visit www.halton.ca



Cycling in Ontario¹

"Halton Region has become the home of cycling in Ontario. Whether you're cycling along our waterfront in Oakville and Burlington or riding the rural roads in Milton and Halton Hills, there's something for everyone who wants to get outside and stay active."

- Hundreds of kilometres of paths ranging from road to mountain biking
- 60+** Kilometres of mountain biking trails in Halton Parks, through forests, alongside waterfalls and the Niagara Escarpment. Kelso is one of Southern Ontario's premier mountain biking destinations, in addition to Hilton Falls and Mountsberg trails.
- The Milton Mattamy National Cycling Centre is the only world class velodrome in Canada

Learn more about cycling in Halton at www.halton.ca/cms/one.aspx?objectId=12599

Recreational Facilities²

A large selection of facilities is available in Halton Region, from sports fields, tennis courts, pools, arenas and ice pads, skate parks and more!

- 150+**
- 80+**
- 22**
- 20**
- 14**

For information on facilities in Halton, visit each of the municipalities listings

Municipality	Website
Burlington	www.burlington.ca/en/modules/facilities/index.aspx
Halton Hills	www.haltonhills.ca/facilities/index.php
Milton	www.milton.ca/en/townhall/facilities.asp
Oakville	www.oakville.ca/townhall/facilities.html

Sources

¹ Halton Region

² Municipal Websites

For more detailed statistics or to request customized reports, please contact us.

Disclaimer: Halton Region does not warrant the completeness or accuracy of the information contained in this report and does not accept liability arising from the use or misuse of all or portions of such information. Caution should be used in interpreting the information in the report and making any conclusions.

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