Supervising Children Who Cannot Swim

- Children who cannot swim must have constant, direct supervision from a parent or guardian within arms reach.
- Ministry of Health and Long Term Care has set minimum admission standards outlined in the chart below to guide the supervision of non-swimmers under age 10. Facilities may set stricter admission standards.

Supervision	Age of child/ children	Maximum number of non-swimming children supervised
One parent or guardian	under 6 years	2
	6 - 10 years	4
	6 - 10 years and all wearing	8
	lifejackets	

Prevent Drowning

- Provide and use properly fitting lifejackets
- Watch your child at all times
- Learn to swim at local pools
- Swim with a buddy
- Secure pools with four sided fences and gates; follow Municipal by-law
- Inspect your backyard pool using Lifesaving Society and Canadian Red Cross online checklists



For more information, contact Halton Region Dial 311 or 905-825-6000 Toll free 1-866-4HALTON (1-866-442-5866) TTY 905-827-9833 www.halton.ca

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Safe & Healthy Swimming





Source:

Lifesaving Society (2011) National Drowning Report Safe Kids Canada (2007) Child & Youth Unintentional Injury 10 year report

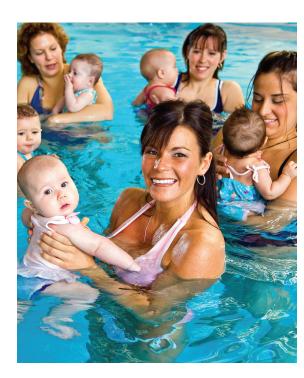


Health Department Promoting and Protecting Health. Preventing Disease. Providing EMS.

Healthy Swimming Guidelines

Diarrheal illnesses are caused by germs like Cryptosporidium and E.coli. These germs can contaminate pools

- Don't swim if you have diarrhea
- Germs on your body can spread to the water
- Shower with soap before swimming
- Wash your hands after using the toilet or changing diapers
- Take your kids on bathroom breaks or check diapers often. Waiting to hear your child ask to go to the bathroom may mean it's too late
- Change diapers in a bathroom or a diaperchanging area and not at poolside



Children Under 5 years

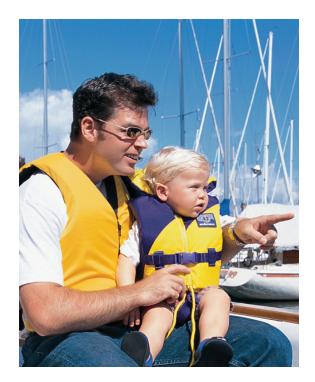
- Drowning is the second leading cause of injury related death
- 67% of deaths occur when child is alone near water
- 57% of deaths occur from lack of adult supervision
- Drowning occurs most often in backyard pools

Children 5 – 14 years

- 42% of deaths occur when no adult directly supervising
- May misjudge own swimming level, deep water, water flow
- Likely to respond to a dare from a friend



Practice wearing lifejackets to protect yourself and others..



Protect Life

Over 433 drowning deaths occur across Canada each year, 82% of water related deaths were among men

- 49% of deaths occurred on weekends, evenings and at night
- 80% of deaths in 18 year olds and over were not wearing a lifejacket
- 33% of deaths occur in non-swimmers
- 25% of deaths occur in people swimming alone