

# Services available in Halton Region based on NDDS results

**Where caregivers have checked  
0 or 1 "No" on the NDDS: call  
Halton Region at 311.**

**Where caregivers have checked  
2 or more "No"s on the NDDS:  
call Halton Region at 311.**

Calls will be directed to Public Health Nurses (PHN). PHNs will assess the situation, answer questions and provide advice regarding activities that support the development of skills in specific areas. If specific concerns requiring followup are required, PHNs will link the caller to further services.

Calls will be directed to staff in Children's Services Intake (CSI) who will assess the situation, provide advice regarding supporting development in the specific area of concern and complete intakes for a variety of services for children. Where more than one issue is of concern, CSI will refer to multiple agencies.

## Healthy Child

1. Telephone support
2. Face-to-face appointments
3. Parenting seminars
4. Parenting groups
5. Developmental Early Identification and Prevention Program (DEIPP)

## Community Supports

1. Financial assistance for child care
2. Access to basic needs (income, housing, homelessness, food)
3. Risk of harm to child
4. Newcomers to Canada
5. Universal programs for families of young children
6. Looking for child care
7. Issues with child care

## Children with Special Needs or at Risk of Delays

1. Children with social, emotional or behavioural concerns
2. Child development
3. Hearing and vision
4. Speech and/or language
5. Child behaviour
6. Healthy Babies Healthy Children
7. Autism Spectrum Disorders

**Halton Region can provide services, or refer/coordinate intakes for many of the above services. Call 311.**

# Physicians' Guide to Early Child Development and Parenting Resources in Halton

## Healthy Child

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## Healthy Child

All services are NO FEE unless otherwise indicated

Parent or Professional Concern	Who Provides Service in this area?	How Do Physicians Access It?	Who can refer?		What Service is Provided?	
			Physicians	Parents		
<b>Telephone support regarding common questions parents have regarding:</b> <ul style="list-style-type: none"> <li>• Prenatal</li> <li>• Postpartum</li> <li>• Infant</li> <li>• Young child</li> </ul>	<b>Halton Region 311</b> <ul style="list-style-type: none"> <li>• Public Health Nurses</li> <li>• Dietitian</li> </ul>	Call HaltonParents at 311	Yes	Yes	Telephone information, support and advice from Public Health Nurses on topics that include: <ul style="list-style-type: none"> <li>• Breast feeding</li> <li>• Establishing routines</li> <li>• Healthy eating</li> <li>• Normal growth and development</li> <li>• Safety in the home &amp; car</li> </ul>	
	<b>Ontario Early Years Centres</b> <ul style="list-style-type: none"> <li>• Early childhood educators</li> <li>• Parent Educators</li> <li>• Early Literacy Specialist</li> </ul>	Parents can call the local OEYC: Burlington: 905-632-9377 Oakville: 905-847-6366 North Halton (including Milton, and Halton Hills): 905-876-1244	Physicians can call to recommend families for programs	Yes	Yes	<ul style="list-style-type: none"> <li>• Accessing local supports for families</li> <li>• Connecting with other parents</li> <li>• Early learning</li> </ul>
<b>Face to face support regarding healthy child development and parenting:</b> <ul style="list-style-type: none"> <li>• Picky eating</li> <li>• Toileting learning</li> <li>• Temper tantrums</li> <li>• Whining</li> <li>• Connecting with other parents</li> <li>• Coping as a parent</li> <li>• Parent/child interaction</li> </ul>	<b>Halton Region 311</b> <ul style="list-style-type: none"> <li>• Public Health Nurses</li> <li>• Developmental Consultants</li> <li>• Resource Consultants</li> </ul>	Physicians can ask for HaltonParents. Children with special needs: ext. 2586 Or fax: 905-825-8821	Yes	Yes	Services vary by organization but can include: <ul style="list-style-type: none"> <li>• Assessment</li> <li>• Parent/caregiver consultation</li> <li>• Seminars for parents (one time)</li> <li>• Groups for parents (series)</li> <li>• Referral to other programs/services</li> </ul>	
	<b>Ontario Early Years Centres</b> <ul style="list-style-type: none"> <li>• Early childhood educators</li> <li>• Parent Educators</li> <li>• Early Literacy Specialist</li> </ul> <i>No cost for most programs or fees can be waived.</i>	Parents can call the local OEYC: Burlington: 905-632-9377 Oakville: 905-847-6366 North Halton (including Milton, and Halton Hills): 905-876-1244	Physicians can call to recommend families for programs	Yes	Yes	
	<b>Reach Out Centre for Kids (ROCK)</b> <ul style="list-style-type: none"> <li>• Clinical and family therapists</li> <li>• Preschool Consultants</li> </ul> <i>ROCK has a one time only voluntary \$50 clinical service fee.</i>	Families can call directly to 905-634-2347, ext. 439	No	Yes		
<b>DEIPP</b> Parent consultation regarding concerns in development	<b>Community Partnership offered throughout Halton 311</b>	Ask for extension 2531 to obtain more information.	No	Yes	15 minute quick consultation for parents with concerns in the areas of hearing, development, behaviour, speech and language for children up to age 5 years. First come, first served basis.	

## Community Supports

All services are NO FEE unless otherwise indicated

Parent or Professional Concern	Who Provides Service in this area?	How Do I Access It?	Who can refer?		Who can refer?
			Physicians	Parents	
<b>Financial assistance for child care</b>	<b>Halton Region 311</b> • Services for Children Caseworker	Ext. 2586 Or fax: 905-825-8821	Yes	Yes	<ul style="list-style-type: none"> <li>• Assessment</li> <li>• Child care subsidy if family qualifies</li> </ul>
<b>Access to basic needs</b> • income • housing • homelessness • food	<b>Halton Region 311</b> Employment, Housing and Social Services Division	Dial 311 www.halton.ca	Yes	Yes	<ul style="list-style-type: none"> <li>• Telephone assessment</li> <li>• Intakes for financial assistance</li> <li>• Links to service for housing and food</li> <li>• Online application for financial assistance</li> </ul>
<b>Risk of harm to child</b> • Investigation & assessment of concerns • Support to families	<b>Children's Aid Society</b> • Social Workers	Physicians or families can call 905-333-4441 or toll free 1-866-607-5437	Yes	Yes	<ul style="list-style-type: none"> <li>• Assessment</li> <li>• Visits to family home</li> <li>• Service planning with families</li> <li>• Linkage to community supports</li> </ul>
<b>Newcomers to Canada</b> • Settlement services • Translation	<b>Halton Multicultural Council</b> • Settlement Workers • Family Support Workers	Physicians or families can call 905-842-2486 ext. 221	Yes	Yes	<ul style="list-style-type: none"> <li>• Settlement and integration services</li> <li>• Language training and job search programs</li> <li>• Transitional housing program</li> <li>• Professional interpretation and translation services</li> <li>• Volunteer opportunities</li> </ul>
<b>Other programs for families of young children</b>	<b>Ontario Early Years Centres</b> • Early Childhood Educators • Parent Educators • Early Literacy Specialist <i>No cost for most programs or fees can be waived</i>	Families can call the local OEYC: Burlington: 905-632-9377 Oakville: 905-847-6366 North Halton (including Milton, and Halton Hills): 905-876-1244	Physicians can call to recommend families for programs	Yes	<ul style="list-style-type: none"> <li>• Drop in programs</li> <li>• Registered programs</li> <li>• Groups for parents</li> <li>• Resource libraries</li> </ul>
	Ontario Public Libraries	Local libraries have programs for families of young children that promote literacy, social and listening skills. Families can call their local library	Link families to their local library.	Yes	<ul style="list-style-type: none"> <li>• Library programs for young children and their families</li> </ul>

## Community Supports

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Parent or Professional Concern	Who Provides Service in this area?	How Do I Access It?	Who can refer?		Who can refer?
			Physicians	Parents	
<b>Looking for Childcare</b>	The Halton Resource Connection Child Care Directory and Information Line Parent Provider Supports  www.ourkidsnetwork.ca	Families can call 905-875-0235 www.thrc.ca  Click on Community Services Inventory	No	Yes	Information about Child Care in Halton Region.
<b>Issues with Child Care</b>	<b>Ministry of Education</b> <i>No cost to report concerns</i>	905-897-5333, press 0 to report a concern or toll free 1-877-510-5333	Report is best made by parent	Yes	Investigate child care complaints.

## Children With Special Needs or at Risk of Delays

**All services are NO FEE unless otherwise indicated**

Parent or Professional Concern	Who Provides Service in this area?	How Do I Access It?	Who Can Refer		What Service is Provided?
			Physicians	Parents	
<b>Support for children with mental health concerns:</b> <ul style="list-style-type: none"> <li>• Emotional</li> <li>• Social</li> <li>• Behavioural</li> <li>• Psychiatric</li> </ul>	<b>Reach Out Centre for Kids (ROCK)</b> <ul style="list-style-type: none"> <li>• Clinical and family Therapists</li> <li>• Preschool Consultants</li> <li>• Support Facilitators</li> <li>• Preschool Facilitators</li> </ul> <i>ROCK has a one time only voluntary \$50 clinical service fee</i>	Families can call directly to 905-634-2347, ext. 439 Crisis line: 905-878-9785	No	Yes	<ul style="list-style-type: none"> <li>• Psychological assessment</li> <li>• Clinics</li> <li>• Parent/child therapy re. attachment</li> <li>• Groups for parents and/or children</li> <li>• Face-to-face meetings with parents and/or caregivers in licensed child care settings</li> </ul>
	<b>North Halton Child and Youth Psychiatry</b> Halton Region <ul style="list-style-type: none"> <li>• Mental Health Nurses</li> <li>• Social Workers</li> <li>• Child and Adolescent Psychiatrists</li> </ul>	Dial 311 North Halton Mental Health Clinic Fax to 905-693-0596 Children 6-18; must be residents of Milton or Halton Hills	Yes	No	Psychiatric services
	<b>Halton Healthcare Services, Child and Youth Mental Health</b> <ul style="list-style-type: none"> <li>• Mental Health Nurses</li> <li>• Social Workers</li> <li>• Child and Adolescent Psychiatrists</li> </ul>	Outpatient Services: 905-815-5140 or fax 905-815-5076 for psychiatric services Inpatient unit for children up to age 18 years.	Yes	No	Service provided: psychiatric assessment and individual therapy
	<b>Joseph Brant Memorial Hospital</b> <ul style="list-style-type: none"> <li>• Social Worker</li> <li>• Child/Youth Psychiatrist</li> </ul>	Call reception at 905-631-0704, ext. 3401	Yes	No	Primarily assessment with some treatment recommendations. <ul style="list-style-type: none"> <li>• Referral to crisis beds at Halton Health Care Services</li> <li>• Small amount of follow-up including medication monitoring and Social Worker support</li> </ul>

## Children With Special Needs or at Risk of Delays

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Parent or Professional Concern	Who Provides Service in this area?	How Do I Access It?	Who Can Refer		What Service is Provided?
			Physicians	Parents	
<b>Child development (special needs)</b> <ul style="list-style-type: none"> <li>• Motor Development</li> <li>• Cognitive Development</li> </ul>	<b>Halton Region 311</b> Children's Services Intake <ul style="list-style-type: none"> <li>• Developmental consultants</li> <li>• Resource Consultants</li> <li>• Occupational Therapists</li> </ul>	Physicians can call ext. 2586 or fax: 905-825-8821	Yes	Yes	<ul style="list-style-type: none"> <li>• Groups for parents, children and/or families</li> <li>• Face to face meetings with parents and/or caregivers</li> <li>• Parent and/or staff training</li> <li>• Assessment and/or Referral</li> <li>• Service coordination</li> <li>• Integration support in child care settings</li> <li>• Home Visits</li> <li>• Transition Planning</li> </ul>
	<b>Community Living</b> Burlington or North Halton Children's Services Intake <ul style="list-style-type: none"> <li>• Resource Consultants</li> </ul>	Physicians can dial 311, ext. 2586 or fax: 905-825-8821.	Yes	Yes	<ul style="list-style-type: none"> <li>• Physiotherapy</li> <li>• Occupational therapy</li> <li>• Developmental paediatric assessment and follow-up</li> <li>• Specialty clinics including Botox, neuromuscular, nutrition, orthopaedic, orthotic, serial casting, spina bifida</li> </ul>
	<b>ErinoakKids Centre for Treatment and Development</b> <ul style="list-style-type: none"> <li>• Developmental Pediatricians</li> <li>• Physiotherapists</li> <li>• Occupational Therapists</li> <li>• Speech-Language Pathologists</li> <li>• Social workers</li> <li>• Behaviour Consultants</li> <li>• Family Resource Workers</li> <li>• Psycho-Educational Consultant</li> <li>• Registered Nurses</li> <li>• Therapeutic Recreation Specialist</li> </ul> <p><i>ErinoakKids has no fee for the core services listed in this resource.</i></p>	Call: 905-855-2690 Toll-free: 1-877-ERINOAK (1-877-374-6625) Physicians can fax: 905-855-9451 <a href="http://www.erinoakkids.ca">www.erinoakkids.ca</a>	Yes	No	<ul style="list-style-type: none"> <li>• Physiotherapy</li> <li>• Occupational therapy</li> <li>• Developmental paediatric assessment and follow-up</li> <li>• Specialty clinics including Botox, neuromuscular, nutrition, orthopaedic, orthotic, serial casting, spina bifida</li> </ul>
	<b>Halton Support Services</b>	Physicians can call 905-849-8000, ext. 221 to access services or fax referrals to 905-849-6980.	Yes	Yes	Other supports for children with developmental disabilities: <ul style="list-style-type: none"> <li>• Respite</li> <li>• Service resolution</li> <li>• Intake for developmental services</li> <li>• Transfer payment agency for Special Services at Home Program</li> <li>• Service coordination</li> </ul>

## Children With Special Needs or at Risk of Delays

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Parent or Professional Concern	Who Provides Service in this area?	How Do I Access It?	Who Can Refer		What Service is Provided?
			Physicians	Parents	
<b>Hearing and Vision</b> <ul style="list-style-type: none"> <li>• Blind</li> <li>• Low vision</li> <li>• Need for hearing assessment</li> </ul>	<b>ErinoakKids Centre for Treatment and Development</b> Blind Low Vision Program <ul style="list-style-type: none"> <li>• Early Childhood Vision Consultants</li> <li>• Social Workers</li> </ul>	Physicians or families can call 905-855-2690 or toll free 1-877-374-6625. Physicians can also fax: 905-855-9451  <a href="http://www.erinoakkids.ca">www.erinoakkids.ca</a>  Service must be accessed prior to school entry and an ophthalmologist must diagnose the child with blindness or low vision. A doctor's referral to this program is not necessary.	Yes	Yes	<ul style="list-style-type: none"> <li>• Social work services</li> <li>• Early Childhood Vision Consultant Services</li> </ul>
	ErinoakKids Centre for Treatment and Development Infant Hearing and Screening <ul style="list-style-type: none"> <li>• Audiologists</li> </ul>	Universal Infant Hearing for infants 0-4 months. Parents can refer up to 4 months.	Yes	No	Provincial Infant Hearing Program (birth to school entry) <ul style="list-style-type: none"> <li>• Universal Infant Hearing Screening</li> <li>• Audiology Services</li> <li>• Hearing Aid Dispensary</li> <li>• Auditory-based Communication Therapy</li> <li>• American Sign Language Instruction</li> </ul>
		Hearing screening for children 4 to 24 months requires a doctor's referral with an identified risk factor for permanent hearing loss. See above for contact information	Yes	No	<ul style="list-style-type: none"> <li>• Social work services</li> </ul> If hearing loss is suspected, child should be referred to a community audiologist. A list of local audiologists can be accessed through ErinoakKids Intake or through the College of Audiologists at <a href="http://www.caslpo.com">www.caslpo.com</a>
	Halton Health Care Milton location <ul style="list-style-type: none"> <li>• Audiologists</li> </ul>	Hearing assessment requires a doctor's referral. Contact 905-876-7022 or fax 905-876-7005.	Yes	No	



## Children With Special Needs or at Risk of Delays

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Parent or Professional Concern	Who Provides Service in this area?	How Do I Access It?	Who Can Refer		What Service is Provided?
			Physicians	Parents	
<b>Speech and/or language</b> <ul style="list-style-type: none"> <li>• Delayed communication</li> </ul>	<b>ErinoakKids Centre for Treatment and Development</b> <ul style="list-style-type: none"> <li>• Speech Therapist Assistants</li> <li>• Speech-Language Pathologists</li> </ul>	Physicians or families can call 905-855-2690 or toll free 1-877-374-6625.  Physicians can also fax: 905-855-9451 <a href="http://www.erinoakkids.ca">www.erinoakkids.ca</a>	Yes	Yes	<ul style="list-style-type: none"> <li>• Preschool Speech and Language Services</li> </ul>
<b>Child behaviour (special needs)</b> <ul style="list-style-type: none"> <li>• Inappropriate social behaviour</li> <li>• Challenges with functional ability</li> <li>• Parent having difficulty with managing behaviour</li> </ul>	<b>Halton Region 311</b> Children's Services Intake <ul style="list-style-type: none"> <li>• Resource Consultants</li> <li>• Behavioural Consultants</li> </ul>	Physicians can call ext. 2586 or fax: 905-825-8821	Yes	Yes	<ul style="list-style-type: none"> <li>• Assessment</li> <li>• Face to face consultations with parents and/or caregivers in licensed child care settings or in homes</li> </ul>
	<b>Reach Out Centre for Kids (ROCK)</b> <ul style="list-style-type: none"> <li>• Parent/Child therapists</li> <li>• Preschool Consultants</li> <li>• Support Facilitators</li> <li>• Preschool Facilitators</li> </ul> <i>ROCK has a one time only voluntary \$50 clinical service fee.</i>	Families can call directly to 905-634-2347, ext. 439	No	Yes	<ul style="list-style-type: none"> <li>• Psychological assessment</li> <li>• Treatment/therapy re. parent/child attachment</li> <li>• Face to face meetings with parents and/or caregivers in licensed child care settings</li> </ul>
<b>Healthy Babies, Healthy Children</b> <ul style="list-style-type: none"> <li>• Child is at risk for poor developmental outcomes (social, physical, financial, caregiver issues)</li> </ul>	<b>Halton Region 311</b> <ul style="list-style-type: none"> <li>• Public Health Nurses</li> <li>• Family Home Visitors</li> </ul>	Physicians or families can call Haltonparents at 311, or fax 905-825-1285  For children with developmental delays, call ext. 2586 or fax: 905-825-8821	Yes	Yes	<ul style="list-style-type: none"> <li>• Assessment</li> <li>• Service coordination</li> <li>• Health education</li> <li>• Blended model of home visiting with a PHN and a home visitor</li> </ul>

## Children With Special Needs or at Risk of Delays

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Parent or Professional Concern	Who Provides Service in this area?	How Do I Access It?	Who Can Refer		What Service is Provided?
			Physicians	Parents	
<b>Autism Spectrum Disorders</b> <ul style="list-style-type: none"> <li>• Intensive Behaviour Intervention</li> <li>• Transition support to school</li> <li>• Assessment</li> </ul>	<b>ErinoakKids Autism Intervention Services</b> <ul style="list-style-type: none"> <li>• Instructor Therapists</li> <li>• Senior Therapists</li> <li>• Autism Resource Facilitators</li> <li>• Psycho-Educational Consultants</li> </ul>	905-855-2690 Toll free: 1-877-ERINOAK (1-877-374-6625) or fax 905-855-9451  Service is available for children who have a diagnosis within the Autism Spectrum Disorders	Yes	Yes	<ul style="list-style-type: none"> <li>• Screening to determine eligibility for receipt of services</li> <li>• Applied Behavioural Analysis (ABA) based services and supports</li> <li>• Intensive Behavioural Intervention (IBI)</li> <li>• Parent support</li> </ul>
	<b>ErinoakKids Connections for Students</b> <ul style="list-style-type: none"> <li>• Autism Spectrum Disorder Consultants</li> </ul>	Service is available for children who are leaving Autism Intervention Services to enter the publicly funded school system	No	No	
	<b>ErinoakKids</b> <ul style="list-style-type: none"> <li>• Developmental Pediatricians</li> </ul>	Developmental assessments require a medical referral	No	No	
	<b>Halton Region Behaviour Consultants</b>	Dial 311 or fax 905-825-8836	Yes	Yes	