Children’s Programs in Halton:  
Working with Physicians for Improved Child Development

What Physicians Can Do

• Encourage families to use the Nipissing District Developmental Screen (NDDS) as a simple way to ensure their child is developing on track
• If a concern is identified at the office visit or using the NDDS, **don’t take the wait-and-see approach**, refer clients/families to services right away
• Encourage parents to dial 311 to link in with community services for a wide variety of programs and parent supports

What Halton Region Can Do

• Assess the needs of individual families and their children
• Provide **one-stop access** to many quality services provided by the Region and other community agencies
• Coordinate intakes to many specialized services or link families to the best service for their specific concern
• Work with families to coordinate services where appropriate
• Provide copies of NDDS for your office

When to Call for Services

• As soon as you, or the family, identify a concern using the NDDS
• As soon as you identify a concern during the office visit

Why Collaboration and Early Detection Works

• Early intervention can dramatically improve a child’s development and prevent additional concerns
• Earlier assessment and treatment reduces overall time to recover from a lag in development
• Increases confidence in parents that everything possible is being done to ensure their child will reach his/her full potential
Services available in Halton Region based on NDDS results

Where caregivers have checked 0 or 1 “No” on the NDDS: call Halton Region at 311.

Calls will be directed to Public Health Nurses (PHN). PHNs will assess the situation, answer questions and provide advice regarding activities that support the development of skills in specific areas. If specific concerns requiring followup are required, PHNs will link the caller to further services.

Healthy Child
1. Telephone support
2. Face-to-face appointments
3. Parenting seminars
4. Parenting groups
5. Developmental Early Identification and Prevention Program (DEIPP)

Community Supports
1. Financial assistance for child care
2. Access to basic needs (income, housing, homelessness, food)
3. Risk of harm to child
4. Newcomers to Canada
5. Universal programs for families of young children
6. Looking for child care
7. Issues with child care

Children with Special Needs or at Risk of Delays
1. Children with social, emotional or behavioural concerns
2. Child development
3. Hearing and vision
4. Speech and/or language
5. Child behaviour
6. Healthy Babies Healthy Children
7. Autism Spectrum Disorders

Halton Region can provide services, or refer/coordinate intakes for many of the above services. Call 311.
Physicians’ Guide to Early Child Development and Parenting Resources in Halton

Healthy Child

Telephone support regarding common questions parents have regarding: 3
Face to face support regarding healthy child development and parenting: 3
Developmental Early Identification and Prevention Program (DEIPP) 3

Community Supports

Financial assistance for child care 4
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Risk of harm to child 4
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Other programs for families of young children 4
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Children with Special Needs or at Risk of Delays

Support for children with mental health concerns: 6
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Speech and/or language 9
Child behaviour (special needs) 9
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Autism Spectrum Disorders 10
# Physicians’ Guide to Early Child Development and Parenting Resources in Halton

## Healthy Child

### All services are NO FEE unless otherwise indicated

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<th>Parent or Professional Concern</th>
<th>Who Provides Service in this area?</th>
<th>How Do Physicians Access It?</th>
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<tr>
<td></td>
<td></td>
<td></td>
<td>Physicians</td>
<td></td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>Parents</td>
<td></td>
</tr>
</tbody>
</table>
| Telephone support regarding common questions parents have regarding: | Halton Region 311  
• Public Health Nurses  
• Dietitian | Call HaltonParents at 311 | Yes | Yes | Telephone information, support and advice from Public Health Nurses on topics that include:  
• Breast feeding  
• Establishing routines  
• Healthy eating  
• Normal growth and development  
• Safety in the home & car |
| Ontario Early Years Centres  
• Early childhood educators  
• Parent Educators  
• Early Literacy Specialist | Parents can call the local OEYC:  
Burlington: 905-632-9377  
Oakville: 905-847-6366  
North Halton (including Milton, and Halton Hills): 905-876-1244 | Physicians can call to recommend families for programs | Yes | • Accessing local supports for families  
• Connecting with other parents  
• Early learning |
| Face to face support regarding healthy child development and parenting:  
• Picky eating  
• Toileting learning  
• Temper tantrums  
• Whining  
• Connecting with other parents  
• Coping as a parent  
• Parent/child interaction | Halton Region 311  
• Public Health Nurses  
• Developmental Consultants  
• Resource Consultants | Physicians can ask for HaltonParents.  
Children with special needs: ext. 2586  
Or fax: 905-825-8821 | Yes | Yes | Services vary by organization but can include:  
• Assessment  
• Parent/caregiver consultation  
• Seminars for parents (one time)  
• Groups for parents (series)  
• Referral to other programs/services |
| Ontario Early Years Centres  
• Early childhood educators  
• Parent Educators  
• Early Literacy Specialist | Parents can call the local OEYC:  
Burlington: 905-632-9377  
Oakville: 905-847-6366  
North Halton (including Milton, and Halton Hills): 905-876-1244 | Physicians can call to recommend families for programs | Yes | • Accessing local supports for families  
• Connecting with other parents  
• Early learning |
| Reach Out Centre for Kids (ROCK)  
• Clinical and family therapists  
• Preschool Consultants | Families can call directly to 905-634-2347, ext. 439 | No | Yes | • Accessing local supports for families  
• Connecting with other parents  
• Early learning |
| DEIPP  
Parent consultation regarding concerns in development | Community Partnership offered throughout Halton 311 | Ask for extension 2531 to obtain more information. | No | Yes | 15 minute quick consultation for parents with concerns in the areas of hearing, development, behaviour, speech and language for children up to age 5 years. First come, first served basis. |
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<tr>
<td>Financial assistance for child care</td>
<td>Halton Region 311</td>
<td>Ext. 2586 or fax: 905-825-8821</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>Access to basic needs</td>
<td>• income</td>
<td>Halton Region 311</td>
<td>Dial 311 or visit <a href="http://www.halton.ca">www.halton.ca</a></td>
<td>Yes</td>
</tr>
<tr>
<td>Risk of harm to child</td>
<td>• Investigation &amp; assessment of concerns</td>
<td>Children’s Aid Society</td>
<td>Physicians or families can call 905-333-4441 or toll free 1-866-607-5437</td>
<td>Yes</td>
</tr>
<tr>
<td>Newcomers to Canada</td>
<td>• Settlement services</td>
<td>Halton Multicultural Council</td>
<td>Physicians or families can call 905-842-2486 ext. 221</td>
<td>Yes</td>
</tr>
<tr>
<td>Other programs for families of young children</td>
<td>Ontario Early Years Centres</td>
<td>Families can call the local OEYC: Burlington: 905-632-9377 Oakville: 905-847-6366 North Halton (including Milton, and Halton Hills): 905-876-1244</td>
<td>Physicians can call to recommend families for programs</td>
<td>Yes</td>
</tr>
<tr>
<td></td>
<td>Ontario Public Libraries</td>
<td>Local libraries have programs for families of young children that promote literacy, social and listening skills. Families can call their local library</td>
<td>Link families to their local library</td>
<td>Yes</td>
</tr>
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</table>
## Community Supports

All services are NO FEE unless otherwise indicated

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<tr>
<td>Looking for Childcare</td>
<td>The Halton Resource Connection Child Care Directory and Information Line Parent Provider Supports <a href="http://www.ourkidsnetwork.ca">www.ourkidsnetwork.ca</a></td>
<td>Families can call 905-875-0235 <a href="http://www.thrc.ca">www.thrc.ca</a></td>
<td>No</td>
<td>Yes</td>
</tr>
<tr>
<td>Issues with Child Care</td>
<td>Ministry of Education No cost to report concerns</td>
<td>905-897-5333, press 0 to report a concern or toll free 1-877-510-5333</td>
<td>Report is best made by parent</td>
<td>Yes</td>
</tr>
</tbody>
</table>
## Children With Special Needs or at Risk of Delays

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</thead>
</table>
| Support for children with mental health concerns:  
  - Emotional  
  - Social  
  - Behavioural  
  - Psychiatric | Reach Out Centre for Kids (ROCK)  
  - Clinical and family Therapists  
  - Preschool Consultants  
  - Support Facilitators  
  - Preschool Facilitators  
  *ROCK has a one time only voluntary $50 clinical service fee* | Families can call directly to 905-634-2347, ext. 439  
  Crisis line: 905-878-9785 | No | Yes |  
  - Psychological assessment  
  - Clinics  
  - Parent/child therapy re. attachment  
  - Groups for parents and/or children  
  - Face-to-face meetings with parents and/or caregivers in licensed child care settings |
| North Halton Child and Youth Psychiatry  
  Halton Region | North Halton Child and Youth Psychiatry  
  - Mental Health Nurses  
  - Social Workers  
  - Child and Adolescent Psychiatrists | Dial 311  
  North Halton Mental Health Clinic  
  Fax to 905-693-0596  
  Children 6-18; must be residents of Milton or Halton Hills | Yes | No | Psychiatric services |
| Halton Healthcare Services, Child and Youth Mental Health | Halton Healthcare Services, Child and Youth Mental Health  
  - Mental Health Nurses  
  - Social Workers  
  - Child and Adolescent Psychiatrists | Outpatient Services: 905-815-5140 or fax 905-815-5076 for psychiatric services  
  Inpatient unit for children up to age 18 years. | Yes | No | Service provided: psychiatric assessment and individual therapy |
| Joseph Brant Memorial Hospital | Joseph Brant Memorial Hospital  
  - Social Worker  
  - Child/Youth Psychiatrist | Call reception at 905-631-0704, ext. 3401 | Yes | No | Primarily assessment with some treatment recommendations.  
  - Referral to crisis beds at Halton Health Care Services  
  - Small amount of follow-up including medication monitoring and Social Worker support |
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<tr>
<td>Child development (special needs)</td>
<td>Halton Region 311</td>
<td>Physicians can call ext. 2586 or fax: 905-825-8821</td>
<td>Yes</td>
<td>Groups for parents, children and/or families; Face to face meetings with parents and/or caregivers; Parent and/or staff training; Assessment and/or Referral; Service coordination; Integration support in child care settings; Home Visits; Transition Planning</td>
</tr>
<tr>
<td>Community Living</td>
<td>Burlington or North Halton Children’s Services Intake</td>
<td>Physicians can dial 311, ext. 2586 or fax: 905-825-8821</td>
<td>Yes</td>
<td>Groups for parents, children and/or families; Face to face meetings with parents and/or caregivers; Parent and/or staff training; Assessment and/or Referral; Service coordination; Integration support in child care settings; Home Visits; Transition Planning</td>
</tr>
<tr>
<td>ErinoakKids Centre for Treatment and Development</td>
<td>Call: 905-855-2690; Toll-free: 1-877-ERINOAK (1-877-374-6625)</td>
<td>Physicians can fax: 905-855-9451</td>
<td>Yes</td>
<td>Physiotherapy; Occupational therapy; Developmental paediatric assessment and follow-up; Specialty clinics including Botox, neuromuscular, nutrition, orthopaedic, orthotic, serial casting, spina bifida</td>
</tr>
<tr>
<td>Halton Support Services</td>
<td>Physicians can call 905-849-8000, ext. 221 to access services or fax referrals to 905-849-6980.</td>
<td>Yes</td>
<td>Other supports for children with developmental disabilities: Respite; Service resolution; Intake for developmental services; Transfer payment agency for Special Services at Home Program; Service coordination</td>
<td></td>
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<td>Parent or Professional Concern</td>
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<tr>
<td><strong>Hearing and Vision</strong></td>
<td>ErinoakKids Centre for Treatment and Development Blind Low Vision Program • Early Childhood Vision Consultants • Social Workers</td>
<td>Physicians or families can call 905-855-2690 or toll free 1-877-374-6625. Physicians can also fax: 905-855-9451 <a href="http://www.erinoakkids.ca">www.erinoakkids.ca</a> Service must be accessed prior to school entry and an ophthalmologist must diagnose the child with blindness or low vision. A doctor’s referral to this program is not necessary.</td>
<td>Yes</td>
<td>Yes • Social work services • Early Childhood Vision Consultant Services</td>
</tr>
<tr>
<td><strong>Infant Hearing and Screening</strong></td>
<td>ErinoakKids Centre for Treatment and Development Infant Hearing and Screening • Audiologists</td>
<td>Universal Infant Hearing for infants 0-4 months. Parents can refer up to 4 months.</td>
<td>Yes</td>
<td>No Provincial Infant Hearing Program (birth to school entry) • Universal Infant Hearing Screening • Audiology Services • Hearing Aid Dispensary • Auditory-based Communication Therapy • American Sign Language Instruction • Social work services If hearing loss is suspected, child should be referred to a community audiologist. A list of local audiologists can be accessed through ErinoakKids Intake or through the College of Audiologists at <a href="http://www.caslpo.com">www.caslpo.com</a></td>
</tr>
<tr>
<td><strong>Halton Health Care Milton location</strong></td>
<td>• Audiologists</td>
<td>Hearing assessment requires a doctor’s referral. Contact 905-876-7022 or fax 905-876-7005.</td>
<td>Yes</td>
<td>No</td>
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## Children With Special Needs or at Risk of Delays

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</thead>
</table>
| **Speech and/or language**    | ErinoakKids Centre for Treatment and Development  
  * Speech Therapist Assistants  
  * Speech-Language Pathologists | Physicians or families can call 905-855-2690 or toll free 1-877-374-6625.  
  Physicians can also fax: 905-855-9451 www.erinoakkids.ca | Yes | Yes | * Preschool Speech and Language Services |
| **Child behaviour (special needs)**  
  * Inappropriate social behaviour  
  * Challenges with functional ability  
  * Parent having difficulty with managing behaviour | Halton Region 311  
  * Children’s Services Intake  
  * Resource Consultants  
  * Behavioural Consultants | Physicians can call ext. 2586 or fax: 905-825-8821 | Yes | Yes | * Assessment  
  * Face to face consultations with parents and/or caregivers in licensed child care settings or in homes |
| **Healthy Babies, Healthy Children**  
  * Child is at risk for poor developmental outcomes (social, physical, financial, caregiver issues) | Halton Region 311  
  * Public Health Nurses  
  * Family Home Visitors | Physicians or families can call HaltonParents at 311, or fax 905-825-1285  
  For children with developmental delays, call ext. 2586 or fax: 905-825-8821 | Yes | Yes | * Assessment  
  * Service coordination  
  * Health education  
  * Blended model of home visiting with a PHN and a home visitor |
# Children With Special Needs or at Risk of Delays

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<tr>
<td><strong>Autism Spectrum Disorders</strong></td>
<td>ErinoakKids Autism Intervention Services • Instructor Therapists • Senior Therapists • Autism Resource Facilitators • Psycho-Educational Consultants</td>
<td>905-855-2690 Toll free: 1-877-ERINOAK (1-877-374-6625) or fax 905-855-9451</td>
<td>Yes</td>
<td>• Screening to determine eligibility for receipt of services • Applied Behavioural Analysis (ABA) based services and supports • Intensive Behavioural Intervention (IBI) • Parent support</td>
</tr>
<tr>
<td></td>
<td>ErinoakKids Connections for Students • Autism Spectrum Disorder Consultants</td>
<td>Service is available for children who are leaving Autism Intervention Services to enter the publicly funded school system</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td></td>
<td>ErinoakKids • Developmental Pediatricians</td>
<td>Developmental assessments require a medical referral</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td></td>
<td>Halton Region Behaviour Consultants</td>
<td>Dial 311 or fax 905-825-8836</td>
<td>Yes</td>
<td>Yes</td>
</tr>
</tbody>
</table>

*Access Halton*

Dial 311  www.halton.ca

*Health and Social Services Working in Partnership.*