

COVID-19 Public Health Guidance: Car Travel

Last Updated December 2, 2021

This document provides public health guidance for people who are travelling in a car with people outside of their household (e.g. taxis, ride shares, car-pooling, volunteer drivers).

Check for COVID-19 Symptoms

- All drivers and passengers should complete the [COVID-19 customer screening tool](#) self-assessment tool.
- Stay home if you have:
 - Symptoms of COVID-19. Self-isolate and get tested.
 - Tested positive for COVID-19 in the last 10 days.
 - Been a close contact of someone who tested positive for COVID-19 in the last 10 days
 - Received a COVID Alert exposure notification in the last 10 days
 - Been told by a health care provider or Public Health to self-isolate
 - Travelled outside of Canada in the last 14 days and told to self-isolate

Wear a mask

- Drivers and passengers should wear a mask at all times when inside the vehicle.

Keep physically distant and reduce contact

- Keep a physical distance of at least two metres (six feet) between people when loading and unloading the car. If a passenger requires assistance, sanitize hands afterwards.
- Maximize the distance between driver and passengers as much as possible. If only one passenger, have them sit in the back seat on the opposite side to the driver.
- Do not drive multiple people, unless they are part of the same household.

Keep hands and surfaces clean

- Passengers should wash their hands or use hand sanitizer before and after travelling in the car.
- Drivers should wash their hands or use hand sanitizer before and after each passenger.
- Disinfect high-touch surfaces (for example door handles) frequently using a disinfectant wipe.
- Practice respiratory etiquette by coughing or sneezing into the elbow or a tissue.

Increase fresh air intake

- If possible, open driver and passenger windows while driving to maximize airflow.
- Avoid using the recirculated air option.

Get fully vaccinated

- The COVID-19 vaccine provides protection from getting sick from the virus that causes COVID-19.
- Visit [halton.ca/COVID-19 Vaccination Clinics](https://halton.ca/COVID-19-Vaccination-Clinics) for information on where to get vaccinated in Halton.

Keep a list of passengers

- Drivers should keep a list of the date, name and contact information of each passenger for contact tracing purposes if required.
- Passengers should write down the name and contact information of their driver.