

# COVID-19 Public Health Guidance: Car Travel

Updated February 11, 2022

This document provides public health guidance for people who are travelling in a car with people outside of their household (e.g. taxis, ride shares, car-pooling, volunteer drivers).

## Check for COVID-19 Symptoms

- All drivers and passengers should complete the [COVID-19 customer screening tool](#) self-assessment tool and follow the directions.
- Do not take non-private transportation if you have symptoms, have tested positive for COVID-19 or are otherwise required to [self-isolate](#).

## Wear a well-fitted mask

- Drivers and passengers should wear a well-fitted medical mask, non-fit tested respirator (N95s/KN95s) or a 3 layer cloth mask that fully covers the mouth, nose and chin at all times when inside the vehicle.

## Keep physically distant and reduce contact

- Keep a physical distance of at least two metres (six feet) between people when loading and unloading the car. If a passenger requires assistance, sanitize hands afterwards.
- Maximize the distance between driver and passengers as much as possible. If only one passenger, have them sit in the back seat on the opposite side to the driver.
- Do not drive multiple people, unless they are part of the same household.

## Keep hands and surfaces clean

- Passengers should wash their hands or use hand sanitizer before and after travelling in the car.
- Drivers should wash their hands or use hand sanitizer before and after each passenger.
- Disinfect high-touch surfaces (for example door handles) frequently using a disinfectant wipe.
- Practice respiratory etiquette by coughing or sneezing into the elbow or a tissue.

## Increase fresh air intake

- If possible, open driver and passenger windows while driving to maximize airflow.
- Avoid using the recirculated air option.

## Get fully vaccinated

- Get fully vaccinated against COVID-19 as this provides strong protection against severe illness, hospitalization and death from COVID-19 infection.
- Visit [halton.ca/COVID19vaccines](https://halton.ca/COVID19vaccines) for information on where to get vaccinated in Halton.