

Confirmed Case of COVID-19 in the Workplace

Dear: Most Responsible Person

Halton Region Public Health received notification about a person with COVID-19 at your workplace.

We require your support to identify and notify people in your workplace who were in contact with the person with COVID-19 during the time they could have spread their infection to others.

You are required to protect the privacy of the person with COVID-19. Confidentiality must be maintained.

Actions required:

- Identify anyone who had contact with the person with COVID-19 during their <u>period of communicability</u> the period of time when someone can spread their infection to others.
 This includes employees and/or customers or patrons that might have visited the workplace.
 - The period of communicability starts 48 hours before the person:
 - i. Started feeling unwell OR
 - ii. Tested positive if they never had symptoms
 - The period of communicability extends 10 days after:
 - i. Symptoms first started OR
 - ii. The date the person tested positive if they never had symptoms
- 2. Determine if those who had contact with the person with COVID-19 had a high-risk exposure (see table below for guidance).
- 3. Notify any persons in the workplace who had a high-risk exposure.
 - Provide them with the Contact Instruction Letter emailed to you by the person with COVID-19
 - Advise them of their requirement to self-isolate and to follow the steps outlined in the Contact Instruction Letter

Additional steps to take:

- If you become aware of any more people with COVID-19 at your organization:
 - Immediately notify Halton Region Public Health, by calling 905-825-6057, ext. 1 from 8:30 P.M. to 4:30 P.M. seven days a week; and
 - Notify the Ministry of Labour, Training and Skills Development.

Remember, to protect other employees from COVID-19 by:

- Following all directives and guidance from:
 - Halton Region Public Health
 - COVID-19 Public Health Guidelines: Organizations and Businesses
 - COVID-19 Public Health Guidelines: Managing COVID-19 Cases in the Workplace
 - Ontario Ministry of Health
 - Sector-specific guidelines
 - o Ontario Ministry of Labour, Training and Skills Development
 - Resources to prevent COVID-19 in the workplace

For more information, please visit halton.ca/covid19 or call 311.

Updated: March 30, 2021

Definition of High-Risk and Low-Risk Exposure

| Exposure | High-risk exposure | Low-risk exposure |
|------------------------------|--|--|
| type | ("Close Contact") | Low-Han exposure |
| Description | When case & contact are both wearing masks (medical or non-medical), but contact is not wearing eye protection while being within 2 metres for a cumulative duration of at least 15 minutes in a 24-hour period. | Contact wore full PPE (Face Protection: goggles or face shield and medical mask) at all times during interaction. OR |
| | When the case is not wearing a mask, and the contact is not wearing both medical mask and eye protection, any duration of exposure except for a transient exposure while the contact is within 2 metres of the case. | Maintained a physical distance greater than two metres (six feet) at all times during interaction. OR Transient interactions (walking by the case or briefly in the same room) with coworkers when there is universal masking in the |
| | OR | workplace. |
| | When the contact is not wearing a mask, even if the case is wearing a mask (medical or non-medical), any duration of exposure except for a transient exposure while the contact is within 2 metres of the case. OR | OR Close contact but separated by a barrier (e.g. plexiglass). |
| | Had direct physical contact with the case (eg. hugging, kissing, massage, etc.) regardless of masking or duration. | |
| | OR | |
| | Contact with bodily fluids of the case (eg. coughed on or sneezed on). | |
| Required actions for contact | Self-isolate for 14 days from last exposure date | Self-monitor for symptoms for 14 days from last exposure date. |
| Contact | AND | AND |
| | Get tested for COVID-19. See testing and results to know how soon a contact should get tested. | If COVID-19 symptoms develop, self-isolate and get tested immediately, even if symptoms are mild. |
| | Note: Even if the test result is negative, the contact must continue to self-isolate for the full 14 days from last exposure date. | |