



## Message from the Medical Officer of Health

Welcome to the first of quarterly updates intended to provide you with timely and targeted information on important public health issues. Each postcard will include a brief message and highlight a few current updates from the Halton Region Health Department. This first edition is focused on new online supports to improve physician access to information. It also provides information for the upcoming flu season. I hope these updates will be useful to you in the everyday care of your patients. I look forward to working together in achieving the best possible health for all.



**Dr. Hamidah Meghani**  
Medical Officer of Health, Halton Region

## What's new for Halton Physicians



### HaltonParents Facebook page

Refer your patients to the HaltonParents Facebook page, which provides health and parenting information for parents and caregivers of children 0 - 12, updated daily by registered nurses and dietitians.

**[facebook.com/haltonparents](https://facebook.com/haltonparents)**



### RSS available on the physician web pages

Subscribe to the Physician Information RSS feed to get the latest information delivered directly to your desktop or device. RSS is available for 'What's New for Halton Physicians' including 'Physician Memos' from the Medical Officer of Health.

**[halton.ca/physicians](https://halton.ca/physicians)**



### Flu vaccine recommendations

The National Advisory Committee on Immunization (NACI) now recommends flu vaccination for everyone six months and older.

**[halton.ca/flu](https://halton.ca/flu)**



Scan here for the latest updates



Halton.ca  311

