



# **Get your third dose/booster of COVID-19 vaccine**



COVID-19 vaccines continue to provide strong protection against getting seriously ill, having to go to hospital or dying from COVID-19.

The protection you get from the vaccines may decrease over time. Evidence suggests a third dose/booster restores protection against the virus, including against new variants of the COVID-19 virus such as Omicron.

## Who should get a third dose/booster?

The Province recommends a third dose/booster for anyone who is eligible. Most eligible people should get the third dose/booster at least three months (84 days) after completing the final dose of a Health Canada–approved COVID-19 vaccine series\*. The Province may recommend that additional groups receive additional doses as more information becomes available.



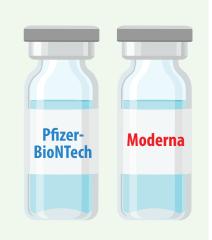


People who are moderately or severely immunocompromised are at higher risk of severe outcomes from COVID-19. For this reason, the Province recommends these groups get an additional dose as soon as two months (56 days) after the final dose of a vaccine series\* for strong protection against COVID-19. If you have any questions, talk to your health care provider.

# Which vaccine will you get for your third dose/booster?

The Province recommends an mRNA (Moderna or Pfizer) COVID-19 vaccine for third doses (individuals 29 years of age and under are recommended to get Pfizer). Your third dose/booster can be a different vaccine than what you received for your first or second dose. Moderna and Pfizer use the same mRNA technology and have similar levels of effectiveness. Vaccine brands are commonly mixed in health care practice. Mixing vaccines is safe and effective.

Adults can get a COVID-19 vaccine, including a third dose/booster, at the same time as, or any time before or after getting another vaccine, such as the annual flu vaccine or other regularly scheduled vaccines.





Vaccines approved by Health Canada are safe and help protect you, your family and our community from COVID-19.

At this time, a third dose/booster is not required for vaccine certificates in Ontario. You are considered fully vaccinated two weeks after completing the vaccine series\* of a Health Canada–approved COVID-19 vaccine. A third dose/booster will help restore protection that may have decreased since you completed your original vaccine series\*.





Side effects from the third dose/booster of the COVID-19 vaccines appear to be similar to the first and second dose side effects. Common side effects include: pain at the injection site, fatigue, headache, muscle aches, joint stiffness, feeling unwell, chills, and fever.

#### Get all the recommended doses of COVID-19 vaccine.





## Where can you get the third dose/booster of COVID-19 vaccine?

Eligible residents may get a third dose/booster from a Halton Community COVID-19 Vaccination Clinic, GO-VAXX bus, many local pharmacies or participating primary care providers.

Talk to your health care provider if you have questions about receiving a third dose/booster of COVID-19 vaccine.

Visit **halton.ca/COVIDvaccines** for more information on who is currently eligible and where to get a third dose/booster in Halton.

\*A full vaccine series for Pfizer, Moderna and AstraZeneca requires two doses. A full vaccine series for Janssen requires one dose.



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