

## HALTON REGION PUBLIC HEALTH • Office of the Medical Officer of Health

TEL: 905-825-6000 • TOLL FREE: 1-866-442-5866 • FAX: 905-825-1444

TO: Halton Physicians, Nurse Practitioners, Emergency Departments, other Healthcare Providers

FROM: Dr. Deepika Lobo, Medical Officer of Health

DATE: June 10, 2024

RE: Upcoming CMEs – June 13 tick-borne diseases webinar, in-person “Mental Health Day for Primary Care” on June 12 (OTMH) and syphilis screening and treatment webinar on June 17

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### QUICK FACTS

- [Register now](#) for Public Health’s Mainpro+ accredited webinar on Wednesday, June 13 from 7-8 p.m., [Risk, Diagnosis and Management of Tick-Borne Diseases](#). Any interested healthcare professional is welcome to register. Registration flyer is attached.
- See attached flyer for registration information for a local [Mental Health Day for Primary Care](#) on June 12 from 7:30 a.m. – 12 p.m. at the Oakville Trafalgar Memorial Hospital (certified for up to 3 Mainpro+ credits).
- Over the last decade, rates of infectious syphilis have been rising in Canada, along with a resurgence of congenital syphilis. [Register online](#) for virtual PHO Rounds: Let’s Talk About Syphilis on Monday, June 17 from 12-1 p.m. The webinar will use an interactive, case-based format to review syphilis screening and treatment recommendations.

### KEY MESSAGES FOR HEALTHCARE PROVIDERS

- Halton region is an [Established Risk Area for Blacklegged Ticks in 2024](#) with locally acquired cases of Lyme disease trending upwards (28 confirmed cases in 2023, up from 8 confirmed cases in 2022).
- There are four tick-borne [Diseases of Public Health Significance](#) that healthcare professionals must report to Public Health – Lyme disease, anaplasmosis, babesiosis and Powassan virus.
- By the end of the webinar session on Wednesday, participants will be able to:
  - Describe the increase and epidemiology of tick-borne diseases in Halton Region
  - Understand the roles of primary care, pharmacists and public health in managing tick-borne diseases
  - Understand the clinical presentation and treatment of Lyme disease and three new, reportable tick-borne diseases of Public Health significance – anaplasmosis, babesiosis and Powassan virus
  - Describe how to test appropriately for various tick-borne diseases
- Keynote speaker is Dr. Gerald Evans (Chair, Division of Infectious Diseases, Queen’s University; Professor, Departments of Medicine, Biomedical & Molecular Sciences, Queen’s University; Attending Physician and Medical Director, Infection Prevention & Control, Kingston Health Sciences Centre).

### ADDITIONAL RESOURCES

- [Assessment and Prescribing Algorithm for Pharmacists: Antibiotic Prophylaxis to Prevent Lyme Disease Following a Tick Bite](#), Public Health Ontario
- [Clinical Guidance Document: Management of Tick Bites and Investigation of Early Localized Lyme Disease](#), Ontario Health

Please report all suspected/confirmed cases of [Diseases of Public Health Significance](#) (only report COVID-19 cases occurring in high-risk settings) to Public Health immediately by calling 311, 905-825-6000 or toll free at 1-866-442-5866.

PLEASE PROVIDE A COPY TO ALL PHYSICIANS IN YOUR OFFICE AND/OR POST IN EMERGENCY DEPARTMENTS AND PHYSICIAN LOUNGES. IF YOU HAVE ANY ISSUES WITH THIS ATTACHMENT, PLEASE EMAIL [DOCTORS@HALTON.CA](mailto:DOCTORS@HALTON.CA).

Public Health Updates for Halton Physicians: *Focus on tick-borne diseases*

## Risk, diagnosis & management of tick-borne diseases

A Mainpro+ accredited CME hosted by Halton Region Public Health

Date: Thursday, June 13, 2024  
Time: 7-8 p.m.  
Register: Online ([registration form](#))

Halton region is an Established Risk Area for Blacklegged Ticks in 2024 and locally acquired cases of Lyme disease are trending upwards. Blacklegged Ticks can also transmit other tick-borne diseases, including anaplasmosis, babesiosis and Powassan virus. Learn how to prevent, manage and treat tick-borne diseases.



### Learning objectives:

#### Overall series learning objective:

By attending the Public Health Updates for Halton Physicians series, participants will be able to identify and discuss relevant and recent information about approaches to the prevention, diagnosis and management of key public health issues impacting their family medicine practice in both rural and urban settings.

#### Learning objectives for this session:

By the end of this session, participants will be able to:

- Describe the increase and epidemiology of tick-borne diseases in Halton region
- Understand the roles of primary care, pharmacists and public health in managing tick-borne diseases
- Understand the clinical presentation and treatment of Lyme disease and three new, reportable tick-borne Diseases of Public Health Significance – anaplasmosis, babesiosis and Powassan virus
- Describe how to test appropriately for various tick-borne diseases

[Submit your questions in advance through the registration form.](#)

### Keynote Speaker:



#### Dr. Gerald Evans, MD, FRCPC

Chair, Division of Infectious Diseases, Queen's University  
Professor, Departments of Medicine, Biomedical & Molecular Sciences and Pathology & Molecular Medicine, Queen's University  
Attending Physician and Medical Director, Infection Prevention & Control, Kingston Health Sciences Centre

# Mental Health Day for Primary Care

Wednesday, June 12, 2024: 7:30 AM – 12:00 PM



Oakville Trafalgar Memorial Hospital  
John Oliver Auditorium  
3001 Hospital Gate, Oakville, ON

This program has received an educational grant or in-kind support from: Halton Healthcare.  
This event has been certified for up to 3 Mainpro+® credits.

## Register Here:

<https://www.eventbrite.com/e/mental-health-day-for-primary-care-tickets-885745136547?aff=oddtcreator>



7:30 AM	Registration & Breakfast
8:00 AM	Welcome
8:15 AM (30 mins + 15 mins Q&A)	Dr. K. Handelman – <b>Practical Management of ADHD in Primary Care</b>
9:00 AM (30 mins + 15 mins Q&A)	Dr. S. Dhaliwal & Dr. T. Balkaran – <b>Mood and Anxiety Disorders in Children &amp; Adolescents / REACH</b>
9:45 AM	Nutrition Break / Exhibits
10:15 AM (30 mins + 15 mins Q&A)	Dr. S. Kearney – <b>The Management of Child and Adolescent Eating Disorders in the Office Setting</b>
11:00 AM (30 mins + 15 mins Q&A)	Dr. S. Ghodasara – <b>Assessing and Addressing Behavioural Concerns in Patients with Dementia</b>
11:45 AM	Wrap-up, Evaluation, Lunch

