

## Opioid Resources in Halton

### Mental Health & Addictions

- ConnexOntario - provides service information for people experiencing problems with gambling, drugs, alcohol, or mental health. System navigation specialists answer all calls, emails or web chat requests 24/7. Free and confidential. [www.connexontario.ca](http://www.connexontario.ca) or call 1-866-531-2600
- one-Link – Mississauga-Halton Central Intake Program for Addictions and Mental Health Services. A single point of access for referrals to Mississauga Halton. Local Health Integration Network funded Addiction and Mental Health Service Providers. Available at: [www.one-link.ca](http://www.one-link.ca) or call 905-338-4123

### Community Treatment/Counselling

- ADAPT - Assessment, treatment, individual and group counselling as well as educational services with respect to alcohol, drug and gambling related issues. Available at: [www.haltonadapt.org](http://www.haltonadapt.org) or call 905-639-6537 ext.0 for intake
- CMHA - Case management, information and referral, crisis outreach and support, education and training, free walk-in counselling, justice services, peer support. Available at: [www.halton.cmha.ca](http://www.halton.cmha.ca) or call 905-693-4270 for intake, or call 1-877-825-9011 for crisis outreach and support

### Opioid Agonist Therapy

- Halton & Mississauga RAAM Clinic (Oakville) - Expert assessment, brief counseling, and medication-assisted treatment for a variety of substance use disorders including opioids. Services are covered by OHIP, and all patients are under the care of doctors with expertise in addiction medicine. Offers same day walk-in service, with immediate access to opioid agonist therapy. Provides both short-term stabilization and longer-term follow-up care. Patients are also connected with addiction counseling and other supports to assist in their recovery. Available at: [www.hmraam.ca](http://www.hmraam.ca) or call 1-888-388-7226
- Horizons Opioid Treatment Service (Burlington & Georgetown) - Private opioid agonist therapy clinic providing treatment of opioid addictions. Available at: [www.horizonsclinic.ca](http://www.horizonsclinic.ca) or call 1-855-742-9449
- Milton Life Care - opioid replacement therapy, withdrawal management medications, behavioural treatment, assistance with alcohol, stimulant addictions and other substances by referrals to detox services or limited use of medications. Available at: [www.miltonlifecare.com](http://www.miltonlifecare.com) or call 905-878-6868
- Oakville Treatment Center - Offers methadone and buprenorphine treatment. Available at: <https://www.mostmethadone.com/> or call (905) 842 4848
- Ontario Addiction Treatment Centers (Oakville) - Offers methadone and buprenorphine treatment while focusing on a model of harm reduction to treat opioid addiction and other addictive substances, as well as offering therapy to some of the medical consequences of addiction such as Hepatitis C and HIV care. Available at: [www.oatc.ca](http://www.oatc.ca) or call 905-901-1882
- Wellbeings Pain Management and Dependency Clinic (Burlington) - Medical clinic that provides: treatment for chronic pain, opioid use disorder (OUD), and alcohol use disorder (AUD), Hepatitis C clinic, Mindfulness meditation. Available at: [www.wellbeings.ca](http://www.wellbeings.ca) or call 905-631-9355

## Treatment Centres

- Homewood Health Centre (Guelph) – Treatment centre for mental health and addiction by providing in and out patient options along with community clinics and virtual options. [www.homewoodhealth.com](http://www.homewoodhealth.com) or call 519-824-1010
- Hope Place Centers (Halton) – specialized inpatient and outpatient treatment for men and women with addiction issues, at three sites located in Halton Region. Available at: [www.hopeplacecentres.org](http://www.hopeplacecentres.org) or call 905-878-1120 about men's residential treatment or call 905-875-3214 about women's residential treatment
- Native Horizons Treatment Centre (Hagersville) - Indigenous addiction facility that offers virtual, short and long-term residential treatment along with intensive outpatient aftercare. [www.nhtc.ca](http://www.nhtc.ca) or call 1-877-330-8467
- Stonehenge Therapeutic Community (Guelph) - Long-term inpatient treatment centre that specializes in substance misuse. [www.stonehengetc.com](http://www.stonehengetc.com) or call 519-837-1470

## Withdrawal Management

- Newworld Medical Detox (Georgetown) - Private medical detox program specializing in methadone taper, also provide individual detox plans for clients. [www.newworlddetox.com](http://www.newworlddetox.com) or call 1-844-639-3389

## Harm Reduction

For patients who are not ready to stop using opioids, consider sharing these harm reduction messages to reduce their risk:

- Use sterile supplies when injecting or smoking to reduce risk of infections, including HIV/AIDS and other blood-borne illnesses. Safer drug use supplies can be accessed anonymously and free-of-charge at:
  - Exchange Works, Halton Region's Needle Exchange Program. Clients can call or text the confidential cell phone, 905-330-3305 (North Halton: 905-702-4200) [www.halton.ca](http://www.halton.ca)
  - Ontario Harm Reduction Distribution Program (OHRDP). Find safer drug use supplies and disposal sites in your community: <https://ohrdp.ca/find-supplies/>
- Never use alone. Having another person nearby can save your life.
- Know your tolerance. Use a small amount of a drug first to check the strength. Remember that any drug can be cut with, or contaminated by, other drugs, which can be harmful or fatal.
- Carry naloxone, a drug that can temporarily reverse an opioid overdose. Naloxone is available free-of-charge at:
  - Exchange Works, Halton Region's Needle Exchange Program. Clients can call or text the confidential cell phone, 905-330-3305 (North Halton: 905-702-4200) [www.halton.ca](http://www.halton.ca)
  - Halton Region's Sexual Health Clinics, [www.halton.ca](http://www.halton.ca)
  - Most Halton pharmacies, <https://www.ontario.ca/page/where-get-free-naloxone-kit>

Call 911. An overdose is a medical emergency. Under Canada's Good Samaritan Drug Overdose Act, if you seek medical help for yourself or for someone else who has overdosed, neither of you will be charged for possessing or using drugs, nor will anyone else at the scene.

*The information provided is obtained from the Halton Community Services Directory in June 2022, maintained by Halton Information Providers ([www.hipinfo.ca](http://www.hipinfo.ca))*