

HALTON REGION PUBLIC HEALTH • Office of the Medical Officer of Health

TEL: 905-825-6000 • TOLL FREE: 1-866-442-5866 • FAX: 905-825-1444

TO: Halton Physicians, Nurse Practitioners, Emergency Departments, other Healthcare Providers

FROM: Dr. Patrick Galange, Associate Medical Officer of Health

DATE: September 10, 2025

RE: Closure of Halton's Stop Smoking Clinic

QUICK FACTS

- Effective immediately, Halton Region Public Health is no longer accepting referrals for Public Health's Stop Smoking Clinic services.
- The transition of Stop Smoking Clinic services will continue throughout the remainder of 2025 to ensure current clients are supported to quit tobacco.
- Public Health is aligning services to better prioritize high-impact work that meets local needs, manage budget constraints and prepare for anticipated updates to the Ontario Public Health Standards.
- Public Health is in the process of informing all existing clients of these changes to services and helping to ensure they have appropriate follow up.

KEY MESSAGES FOR HEALTHCARE PROVIDERS

- You are an essential support to help your patients quit smoking.
- Consider Nicotine Replacement Therapy (NRT), motivational interviewing, and prescription medications such as Varenicline and Bupropion (covered by Ontario Drug Benefit for those that qualify) to support your patient's attempt to quit tobacco.
- Additional resources are available in the community to support your patient. A comprehensive list of resources is available on [Halton.ca](https://www.halton.ca) on Substance Misuse – Alcohol, Tobacco, Vaping, Cannabis and Opioids Information for Physicians page.

KEY MESSAGES FOR PATIENTS

- Quitting smoking is one of the most important things you can do for your health.
- Support is available. You do not have to do this alone.

ADDITIONAL RESOURCES

- [Halton.ca](https://www.halton.ca) ([Thinking of Quitting Smoking](#))
- [Don't Quit Quitting](#)
- Health811 – call 811 for 24/7 health advice including smoking cessation
- [STOP on the Net](#) – provides eligible adults with a free 6-week NRT supply delivered by mail
- [Support House – Mobile Health Team](#) – accept provider and self-referrals
- [New Canadian Clinical Guidelines for Smoking Cessation Interventions](#)

Please report all suspected/confirmed cases of [Diseases of Public Health Significance](#) (only report COVID-19 cases occurring in high-risk settings) to Public Health immediately by calling 311, 905-825-6000 or toll free at 1-866-442-5866.

PLEASE PROVIDE A COPY TO ALL PHYSICIANS IN YOUR OFFICE AND/OR POST IN EMERGENCY DEPARTMENTS AND PHYSICIAN LOUNGES. IF YOU HAVE ANY ISSUES WITH THIS ATTACHMENT, PLEASE EMAIL DOCTORS@HALTON.CA.