



# Do you or anyone in your household have any of the following:

## One or more:



Fever or chills



Shortness of breath



Cough or barking cough (croup)



Decrease or loss of smell or taste

## Two or more:



Runny or stuffy nose



Headache



Extreme fatigue



Sore throat



Muscle aches or joint pain

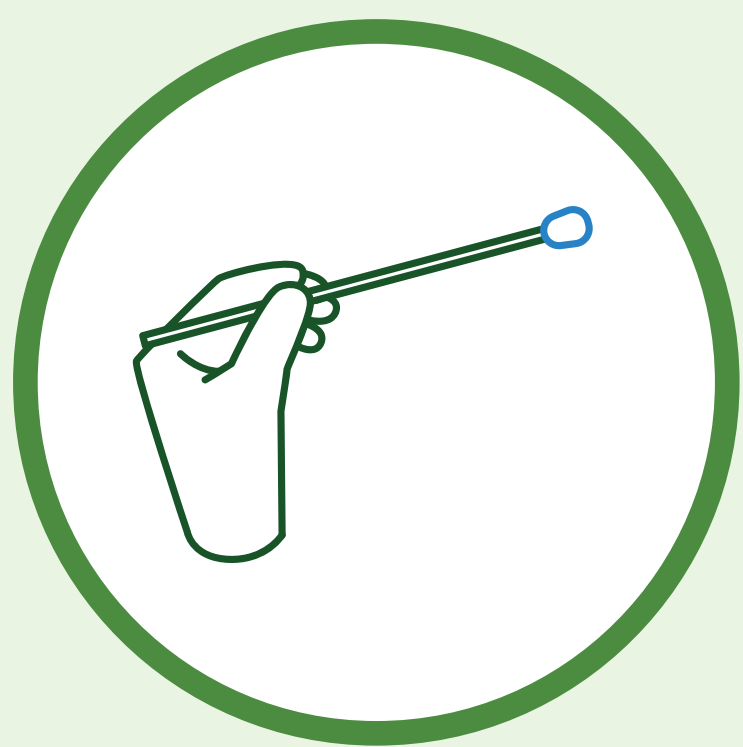


Nausea, vomiting and/or diarrhea

### Notes:

- Symptoms should not be related to other known causes or conditions.
- Consider symptoms in the past 5 days (if fully vaccinated or under 12 years of age) or 10 days (if not vaccinated or immune compromised), not just symptoms felt today.
- Answer "no" if you have already met criteria to leave isolation as explained at [Ontario.ca/exposed](https://ontario.ca/exposed).

## Have you:



Tested positive for COVID-19 in the past:  
 • **5 days** if fully vaccinated or under 12 years of age  
 • **10 days** if **not fully vaccinated** or **immune compromised**?



Been exposed to a household member who has tested positive for COVID-19 in the past **5 days**? (or 10 days if you are over the age of 12 AND either **not fully vaccinated** or **immune compromised**)\*



Been told you are a "close contact" of someone who currently has COVID-19 and been advised to self-isolate?



Traveled outside of Canada in the last 14 days and been told to self-isolate?

### \*Notes:

- At a minimum you must self-isolate for the full duration of the isolation period of anyone with COVID-19 in your household.
- Answer "no" if you have already completed your own self-isolation due to having symptoms or testing positive.

## If you answered YES to any of these questions:

- go home and self-isolate right away;
- complete the provincial, online COVID-19 self-assessment tool and follow the directions from the tool; or
- contact your primary care provider or call Telehealth Ontario at 1-866-797-0000 for medical assessment and testing guidance.



For more information and updates on COVID-19, please visit [halton.ca/COVID19](https://halton.ca/COVID19).

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[halton.ca](https://halton.ca) 311







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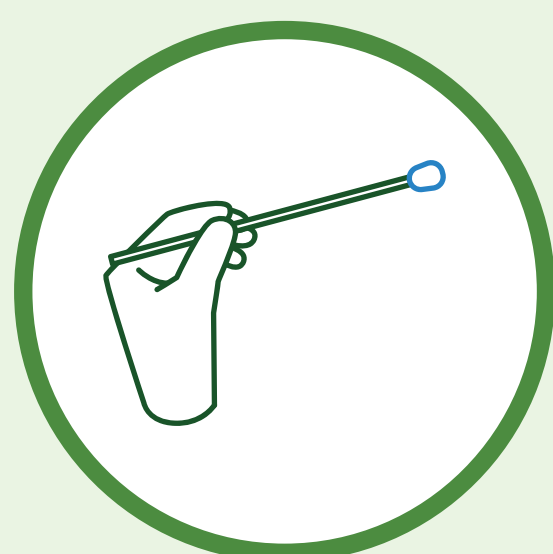


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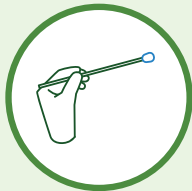


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