

Guidance and support resources for Healthcare Professionals on Alcohol and Health

For a full list of tools and resources, please visit halton.ca/physicians.

Canada's Guidance on Alcohol and Health

- [Canada's Guidance on Alcohol and Health](#)
- To support patient conversations refer to the [Canada's Guidance on Alcohol - Health Frequently Asked Questions](#) and post the simplified [guidance infographic](#) in your exam rooms and refer to it.
- [Lifetime Risk of Alcohol-Attributable Death and Disability](#)
- [Update of Canada's Low-Risk Alcohol Drinking Guidelines: Evidence Review Technical Report](#)
- Webinar series from The Canadian Centre on Substance Use and Addiction covering creation, clinical implications and Frequently Asked Questions from Canada's Guidance on Alcohol and Health. [Register online](#) for each of these sessions from 1-2 pm EST and held on March 14, 21 and 28, 2023.
- Continue to visit the [Canadian Centre on Substance Use and Addiction](#) for updates on support resources and tools as they are made available to support Canada's Guidance on Alcohol and Health.

Local Referral Organizations

- [ADAPT](#) Halton Alcohol, Drug and Gambling Assessment, Prevention and Treatment Services. 905-639-6537
- [Alternatives for Youth](#) Substance use and mental health services for 12 to 22 year olds and their families. 905-527-4469
- [Centre for Addiction and Mental Health \(CAMH\)](#) Offers outpatient and in-patient programs and services. 416-535-8501
- [ConnexOntario](#) Access to Addiction, Mental Health, and Problem Gambling Services. Provides 24-hour help by phone or online.
- [Halton Community Services Directory](#)
- [Halton FASD](#) Consultations, diagnosis, programs and supports for those affected by FASD.
- [Hope Place Centres](#) Provides gender-specific addictions treatment and recovery services to men and women. Priority admission for women who are pregnant or parenting children 0-6 years of age.
- [Infant and Child Development Services](#) For early assessment, monitoring and follow-up of infants or children with prenatal alcohol exposure.
- [One-Link](#) Central intake for Halton agency referrals to 10 Addiction and Mental Health Service Providers. Funded by the Mississauga Halton Local Health Integration Network. 905-338-4123

Tool for Healthcare Provider

For patients who have or are at risk of developing Alcohol Use Disorder use the [Centre for Effective Practice Alcohol Use Disorder \(AUD\) Tool](#) for guidance through more in depth screening, brief intervention, and referral .