

COVID-19 Public Health Guidelines: Remembrance Day

This document provides public health guidance for commemorating Remembrance Day this year.

IMPORTANT: these guidelines align with provincial guidance provided to public health units on November 3, 2020. Guidance may change depending on the local incidence of COVID-19.

Remembrance Day Events

- Virtual events are the safest way to recognize Remembrance Day.
- Outdoor events are safer than indoor events, however, physical distancing of at least two metres (six feet) must still be maintained.
- Indoor and outdoor Remembrance Day events must comply with [government regulations](#) for gathering limits.
- Consider participating virtually or not attending an event if you are at higher risk for serious illness from COVID-19, including if you are 70 years or older, are immunocompromised, or have underlying medical conditions.

If you choose to attend an in-person Remembrance Day event:

- Stay home if you have symptoms, even if they are mild.
- Maintain a physical distance of at least two metres (six feet) from people outside your household.
- Clean your hands frequently with alcohol-based hand sanitizer.
- Wear a non-medical mask or face covering.
- Cover coughs and sneezes with a tissue or sleeve.
- Avoid touching your eyes, mouth and nose.

Remembrance Day Poppies

- Selling poppies from unstaffed boxes (e.g., at checkouts) is safer than selling poppies in-person. Members of the public can also donate to the Legion or purchase a [digital poppy](#).
- Consider not selling poppies in-person if you are at higher risk for serious illness from COVID-19, including if you are over 70 years or older, are immunocompromised, or have underlying medical conditions.
- If you choose to sell poppies in-person:
 - Wear a non-medical mask or face covering.
 - Maintain a physical distance of at least two metres (six feet) from people outside your household.
 - Consider using a transparent barrier (e.g., plexiglas) as an additional measure to reduce the risk of person-to-person transmission of COVID-19.
 - Clean your hands frequently with alcohol-based hand sanitizer.
 - Have people place their money directly into the donation box. If handling money, sanitize your hands after every transaction.
 - Use tongs to hand out poppies.
 - Cover coughs and sneezes with a tissue or sleeve.
 - Avoid touching your eyes, mouth and nose.