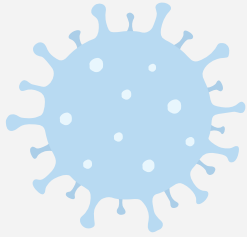


# Stay up to date with your COVID-19 vaccine



COVID-19 vaccines continue to provide strong protection against getting seriously ill, having to go to hospital or dying from COVID-19.

Stay up-to-date by getting all doses of the COVID-19 vaccine recommended for your age, including boosters. To see the latest recommendations, visit [halton.ca/COVIDvaccines](https://halton.ca/COVIDvaccines).

## Why should I get a booster dose?

The protection you get from the vaccines may decrease over time. Evidence suggests booster dose(s) restore protection against the virus, including against new variants of the COVID-19 virus.



## I have already had COVID-19, should I get a booster dose?

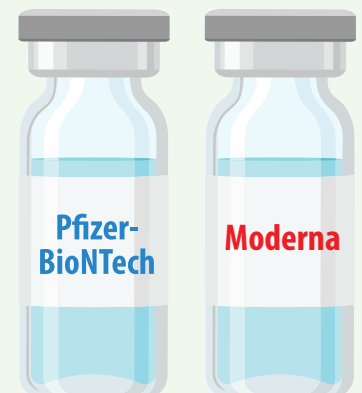
If you have had a COVID-19 infection, you are recommended to receive a booster dose to improve your immune response as it may provide better and longer-lasting protection against current and future variants of the virus.

The timing for when to receive your booster dose depends on when you had a COVID-19 infection. For more information, visit [halton.ca/COVIDvaccines](https://halton.ca/COVIDvaccines).

## Which vaccine will you get for your booster dose?

The Province recommends an mRNA (Moderna or Pfizer) COVID-19 vaccine for booster doses (individuals 29 years of age and under are recommended to get Pfizer). Your booster dose can be a different vaccine than what you received for your primary series. Moderna and Pfizer use the same mRNA technology and have similar levels of effectiveness. Vaccine brands are commonly mixed in health care practice. Mixing vaccines is safe and effective.

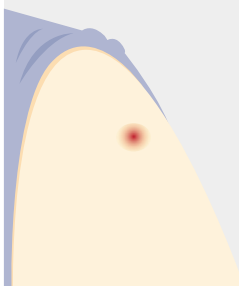
You may be able to get your COVID-19 vaccine with other vaccines, such as the annual flu vaccine or other regularly scheduled vaccines. Speak with your health care provider for more information.



\*A primary vaccine series for Pfizer, Moderna, Novavax, Medicigo and AstraZeneca requires two doses. A primary vaccine series for Janssen requires one dose.



**Vaccines approved by Health Canada are safe and help protect you, your family and our community from COVID-19.**



Side effects from a booster dose of the COVID-19 vaccines appear to be similar to the side effects from the primary series. Common side effects include: pain at the injection site, fatigue, headache, muscle aches, joint stiffness, feeling unwell, chills, and fever.

**Get all the recommended doses of COVID-19 vaccine.**



### **Where can you get a booster dose of COVID-19 vaccine?**

Eligible residents may get a booster dose from a Halton Community COVID-19 Vaccination Clinic, GO-VAXX bus, many local pharmacies or participating primary care providers.

Talk to your health care provider if you have questions about receiving a booster dose of COVID-19 vaccine.

Visit [halton.ca/COVIDvaccines](https://www.halton.ca/COVIDvaccines) for more information on who is currently eligible and where to get a booster dose in Halton.

\*A primary vaccine series for Pfizer, Moderna, Novavax, Medicago and AstraZeneca requires two doses. A primary vaccine series for Janssen requires one dose.