


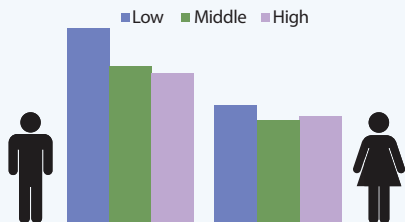
Message from the Medical Officer of Health



After a cold and snowy winter, the word “Spring” brings a smile to my face. I’m happy to see the first shoots of flowers and the chance to venture outside without a winter coat. Spring also represents a great time of year to introduce something new. The Halton Region Health Department is pleased to let you know how to receive important Public Health information delivered directly to your inbox. We also want to update you on the relationship between income and health in Halton, including how you can help low income patients. I hope this information will be useful. Wishing you a bright and happy Spring.

What's new for Halton physicians

Mortality Rate by Income in Halton



Connecting income and life expectancy

There is strong and growing evidence that income is one of the most important determinants of health. In Halton, higher income is associated with a lower mortality rate and increased life expectancy. As physicians, asking patients questions like, “Do you ever have difficulty making ends meet at the end of the month?” can help you provide better care. Factor answers into your decision-making and encourage patients to apply for benefits and take advantage of community resources. Visit halton.ca/povertyandhealth to learn more about how you can help low income patients.

Be the first to know about important health information with updates at your fingertips

Visit halton.ca/physicianupdates to sign up for important health updates from the Halton Region Health Department. By providing an email address, you'll be the first to know local health updates that can help improve your level of care. Your email will be kept confidential and you can unsubscribe at any time. The approximate frequency of information you'll receive is one update monthly.

