

What to expect after getting a COVID-19 vaccine

What should I do right after receiving the vaccine?

Wait for **5-15 minutes** to ensure you are feeling well.

You may be asked to wait for **30 minutes** if there is a concern about a possible vaccine allergy.



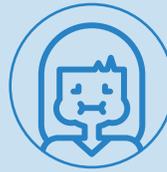
Tell clinic staff if you are feeling unwell or if any of these symptoms develop:



Hives (bumps on skin that are itchy)



Difficulty breathing



Swelling of your face, tongue or throat



Dizziness

What symptoms are normal after vaccination?

On the arm where you got the vaccine:

- Pain, redness, or swelling
- Note: Delayed pain, redness, and swelling can occur many days following vaccination. It is usually not serious and will clear up on its own.



Throughout the rest of your body:

- Fever
- Chills
- Tiredness
- Headache
- Muscle/joint pain

When to call your doctor

Allergic reactions to the vaccine and other serious side effects are rare. However, symptoms may occur within a week after receiving the vaccine. Contact your doctor if you develop any of the symptoms below. If your symptoms are severe, call 911.

- hives or itchy skin
- swelling of the face or mouth
- trouble breathing or wheezing
- serious drowsiness
- high fever (over 40°C)
- convulsions or seizures
- muscle weakness/ loss of feeling in the face
- chest pain, shortness of breath or excessive sweating
- feeling of a fast, pounding or fluttering heartbeat
- other serious symptoms (for example, "pins and needles" or numbness)



Things to remember after you receive the vaccine

Continue to follow public health measures to prevent the spread of COVID-19.



Wear a well-fitted medical mask, non-fit tested respirator (N95s/KN95s) or a 3 layer cloth mask that fully covers your mouth, nose and chin



Stay at least 2 metres (6 feet) away from others



Wash hands often



Self-isolate when sick



Cover coughs and sneezes with a tissue or sleeve



Get tested if eligible when you have symptoms

For children 5-11 years of age:

It is recommended that children 5-11 years of age wait at least 14 days between getting the COVID-19 vaccine and another vaccine.

Get your COVID-19 vaccine!



Completing a full series of the COVID-19 vaccine provides strong protection against severe illness, hospitalization and death from COVID-19 infection. The timing between doses depends on which vaccine you received and direction from public health. Protect yourself by getting all recommended doses of the COVID-19 vaccine.

More Information

For more information about COVID-19 vaccines, visit halton.ca/COVIDvaccines.

