

# What to Expect after Getting a COVID-19 Vaccine

## What should I do right after receiving the vaccine?

Wait for **15 minutes** after receiving the vaccine to ensure you are feeling well. During this time, do not operate a vehicle or other form of transportation.

You may be asked to wait for **30 minutes** if there is a concern about a possible vaccine allergy.



## Tell clinic staff if you are feeling unwell or if any of these symptoms develop:



Hives (bumps on skin that are itchy)



Difficulty breathing

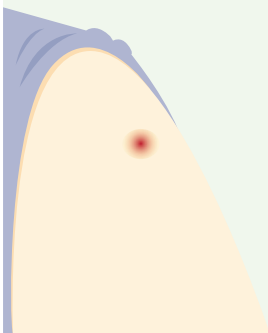


Swelling of your face, tongue or throat



Dizziness

## What could I expect in the next few days?



### On the arm where you got the vaccine:

- Pain
- Redness or Swelling



### Throughout the rest of your body:

- Fever
- Chills
- Tiredness
- Headache
- Muscle/joint pain

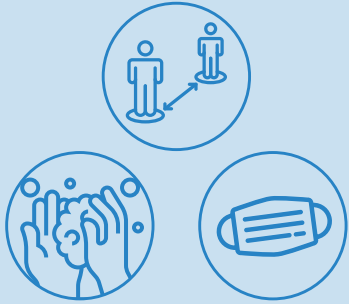
## When to call your doctor

Allergic reactions to the vaccine are rare. However, they may occur up to three days after receiving the vaccine. Contact your doctor if you develop any of the symptoms below. If your symptoms are severe, call 911.

- hives
- swelling of the face or mouth
- trouble breathing
- very pale colour and serious drowsiness
- high fever (over 40°C)
- convulsions or seizures
- other serious symptoms (for example, “pins and needles” or numbness)



## Things to remember after you receive the vaccine

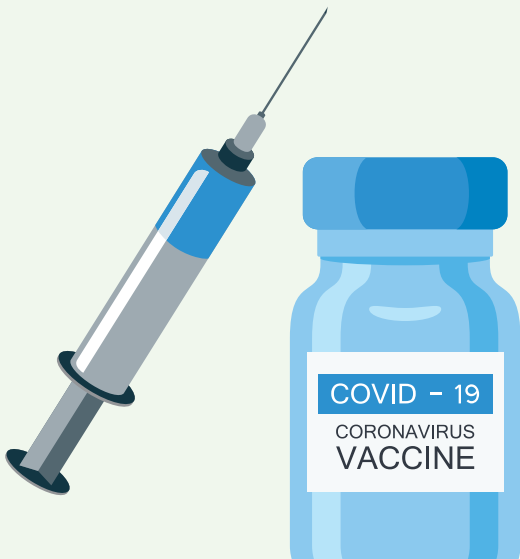


**Continue to follow public health measures** to prevent the spread of COVID-19.



**Do not receive any other vaccines** for 28 days after each dose (unless your doctor recommends it).

## Getting your second COVID-19 vaccine



The timing between your first and second dose depends on which vaccine you received and direction from public health.

- You should get the same vaccine for your second dose.
- Keep this handout AND your printed COVID-19 Immunization receipt from the vaccination today in a safe place.
- Bring the COVID Immunization receipt with you for your second dose of vaccine.

## More Information

For more information and updates, visit [halton.ca/COVID19](https://halton.ca/COVID19) or call 311.

