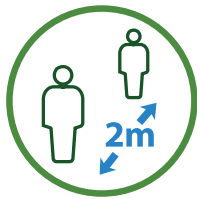


Protect Yourself and Others



Practice physical distancing by maintaining a 2-metre (6-foot) distance from others outside of your social circle or household.



Wear a non-medical mask when physical distancing cannot be maintained.



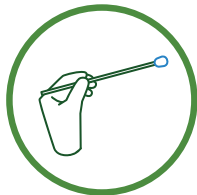
Cover coughs and sneezes with a tissue or sleeve.



Avoid touching your eyes, mouth and nose.



Wash hands frequently with soap and water or with alcohol-based hand rub.



Get tested for COVID-19 if you have a symptom or are concerned that you have been exposed.

For more information and updates on COVID-19, please visit [halton.ca/COVID-19](https://www.halton.ca/COVID-19).